

GASTRONOMIE

COINTREAU

THE SAINT SYLVESTRE #6



Original creation by Jean-Michel PERRUCHON, Meilleur Ouvrier de France Pâtissier Ecole Bellouet Conseil, Paris, France

Recipe for one 20 x 20 cm x 4.5 cm tray, for approximately 8 people

1. LIGHT COCOA SPONGE

85 g 50% almond paste 2 egg yolks (40 g) 1 whole egg (50 g) 20 g butter 2 egg whites (60 g) 60 g caster sugar 20 g flour type 55 15 g cocoa powder Total weight: 350 g

Heat gently almond paste in the microwave to 40° C. Using a whip, beat the 50% almond paste with the egg yolks, whole egg and butter, add the egg whites beaten with the caster sugar and finally the sieved together flour and cocoa powder. Pour the sponge into a 20 cm sides and 4.5 cm high tray and bake in a convection oven at 170°C for approximately 14 minutes. Leave to cool in the frame and set aside for assembly.

2. CRUNCHY PRALINE

30 g milk chocolate couverture 10 g butter 60 g hazelnut praline 20 g pailleté feuilletine (crêpes dentelle) Total weight: 120 g

In the microwave, melt the milk chocolate couverture with the butter at 35° C, add the hazelnut praline, and finally the pailleté feuilletine. Spread the crunchy praline directly onto the cooled sponge and place in the freezer. Reserve for next stage.

3. COCONUT AND LEMON CREAM WITH COINTREAU®

40 g lemon juice
110 g coconut puree
15 g butter
15 g caster sugar
5 g cornflour (Maïzena®)
30 g white chocolate
2 gelatine leaves (4 g) 200 blooms
20 g Cointreau® 40%
Total weight: 239 g

150 g Griottines[®] Cointreau[®] to be evenly distributed over the frame after pouring.



In a saucepan, combine the lemon juice, coconut puree and butter, add the caster sugar mixed with the corn starch and bring to the boil. Pour over the chopped white chocolate and blend. Finally, add the gelatine leaves which have already softened in cold water, drained and melted, and the Cointreau®. Take the frame containing the light cocoa sponge and the thoroughly chilled crunchy praline. Pour the coconut and lemon cream mixture over the frame and evenly distribute the Griottines® Cointreau®. Return to the freezer.

4. FOAMY MILK CHOCOLATE CREAM

40 g full-fat milk 40 g liquid cream ½ vanilla pod 2 egg yolks (40 g) 85 g milk chocolate couverture 85 g whipped cream Total weight: 290 g

In a saucepan, heat the milk and the liquid cream and infuse the split, scraped vanilla $\frac{1}{2}$ bean. Remove the vanilla bean and cook the infused mixture with the egg yolks at 85° C. Pour over the milk chocolate couverture, mix thoroughly and allow to cool to 35° C. Incorporate the whipped cream.

5. ASSEMBLY AND FINISHING

When the coconut and lemon cream with Cointreau® has completely set, cover to the top of the frame with the foamy milk chocolate cream. Place in the freezer. Smooth the frame with the rest of the foamy cream. Unmould, cut the edges of the very cold entremets to obtain a fine presentation for serving. Chef's trick: To obtain a clean assembly, freeze the different layers of cream. Sprinkle cocoa powder on top and decorate with Griottines® Cointreau® and slices of orange.



