

GASTRONOMIE



LOG LIKE A BABA



THE CHEF

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Recipe for a 50 cm square log mould

1) BABA DOUGH

110 g of water 10 g of salt 20 g of sugar 40 g of fresh yeast 430 g of flour 350 g of eggs 170 g of butter

Heat the water to dissolve the salt, sugar and fresh yeast. Add flour alternately with eggs in first gear. Pour the hot butter (60°C) and leave stand. After full penetration of the butter in the dough, smooth the dough. Fill three-quarters full the Flexipan® mould in the hemisphère shape of a diameter of 4 cm. Let rise to the height of the mould. Place on top a Silpain® and a tray. Baking to 170°C for 18 minutes.

2) SYRUP

2 300 g of water 1 400 g of sugar 200 g of Mount Gay® rum 55% vol.

Bring the water and the sugar to the boil. Add the Mount Gay® rum to 60°C. Soak the babas at room temperature with a syrup to 60°C. Drizzle with Mount Gay® rum after soak and freeze.

3) CITRUS CREAM

60 g of sugar 10 g of pectin NH 4 g of pink Pectagel 60 g of egg yolks 300 g of mandarin puree 100 g of lime juice 35 g of orange concentrate 100 g of butter Combine sugar, pectin and Pectagel. Heat the purees and egg yolks to 45°C. Sprinkle the first mixture. Cook to 85°C. Leave to cool and mix to 40°C with butter. Pour into the insert log mould and immerse 11 babas. Freeze.

4) ORANGE SOFT SPONGE

465 g of almond powder 315 g of sugar (1) 750 g of eggs 150 g of egg whites 85 g of sugar (2) 2 orange zests 180 g of butter

Emulsify almond powder, zests, sugar (1) and eggs for 10 minutes. Whisk the egg whites with the sugar (2) until smooth. Combine these two mixtures with a spatula. Melt the butter and add to the preparation. Cook to 170°C on a rimmed baking tray + sheet, for 18 minutes.

5) ORANGE CONFIT

500 g of organic oranges 100 g of blood orange puree 75 g of sugar 5 g of pectin NH ½ vanilla pod 15 g of Mount Gay® rum 55% vol.

Wash and cut the oranges into six slices and blanch three times. Blend to define granulometry. Add puree, sugar-pectin mixture and $\frac{1}{2}$ split vanilla pod. Cook to 102°C. Add the Mount Gay® rum. Leave to cool and set aside.

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6) ORANGE MANDARIN JELLY

140 g of concentrated orange puree 470 g of mandarin puree 315 g of sugar 22 g of pectin NH 65 g of glucose

Heat the purees and glucose to 45° C. Add sugar and pectin. Bring to a boil. Pour onto a Flexipan® tray and leave to cool. Cut disks with a 4-cm diameter cutter. Freeze.

7. ORANGE CHANTILLY

800 g of cream 100 g of mascarpone 65 g of icing sugar 1 orange zest

Beat the ingredients with mixer. Use immediately.

8. VANILLA CREAM

8 g of fish gelatin powder 40 g of hydration water 335 g of whole milk 115 g of glucose syrup 1 vanilla pod 95 g of egg yolks 415 g of mascarpone 40 g of egg whites 50 g of sugar 25 g of water Hydrate the gelatin and freeze. Infuse the vanilla pod in milk and glucose. Make a crème anglaise with the yolks. Add the gelatin mass. Pour onto the mascarpone, remove the vanilla pod. Mix and lay a plastic wrap directly on the cream. Keep in the fridge until the next day. Emulsify in a mixer, at full speed. Make an Italian meringue with egg whites, sugar and water, then add it after cooling.

9. ASSEMBLY

Cut a 8 x 49 cm band in the orange soft sponge.
Spread 200 g of orange confit, then freeze.
Fill the mould with vanilla cream.
Place the cream insert and the babas.
Cover with the vanilla cream.
Close with the sponge and the confit, then freeze.

10. FINISHING

Place the babas on the outer sides of the log.
Place on top the orange mandarin confit discs.
Pipe the orange chantilly, then freeze it.
Glaze. Place log ends and the outer sides with your logo.
Place the pipettes of Mount Gay® rum.

