

GASTRONOMIE



# SMALL LOG: FRESH TEMPTATION

THE CHEF

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Recipe for 1 frame 60 x 40 cm

#### 1. LIME SPONGE ROLL

For 3 baking sheets 60 x 40 cm - 580 g/sheet
480 g whole eggs
100 g sugar 2
190 g egg yolks
2 g cream of tartar
390 g sugar 1
300 g flour
300 g egg whites
10 g lime zests

Beat whole eggs, egg yolks, lime zest and 390 g of sugar together. In a bain marie, heat mixture to  $45^{\circ}$ C. With an electric mixer, whisk until completely cold. In a separate bowl whisk egg whites with remaining sugar (2). Fold ½ egg whites into lime zest mixture. Add sifted our, then add rest of egg whites. Spread 580 g of sponge cake mixture onto each baking tray. Bake at 200 °C for 10 mn. Set aside.

## 2. COINTREAU® SYRUP

400 g 30 B syrup 130 g water 50 g Cointreau® 60%

Mix all the ingredients together.

### 3. JELLIFIED STRAWBERRY COULIS

870 g strawberry purée (Mara des bois) 11 g pectin NH 125 g caster sugar 105 g glucose 30 g inverted sugar

Mix sugar and pectin together. Heat strawberry purée with glucose and inverted sugar. Add sugar and pectin in hot strawberry purée. Bring to the boil then pour immediately in silicon mould or frame. Place in freezer immediately.

#### 4. COINTREAU®

750 g butter

# AND CITRUS MOUSSELINE CREAM

2 000 g full cream milk
400 g egg yolks
500 g sugar
180 g Cointreau® 60%
12 g lemon zests
12 g lime zests
15 g orange zests
(for pastry cream)
160 g butter

Boil milk with zests. Make a thick custard (pastry cream) then fold in 160 g butter. Pour onto a shallow tray and leave to cool down. In a mixer, emulsify cold custard with 750 g of soft butter and Cointreau®.

#### 5. ASSEMBLY

Lay a sheet of lime sponge in a  $60 \times 40 \text{ cm}$  large and 4,5 cm high frame. Pour Cointreau® syrup on top. Spread 550 g Cointreau® mousseline cream. Lay another lime sponge. Pour some syrup on top. Spread 300 g Cointreau® mousseline cream. Place frozen jellified strawberry (Mara des bois sauce) coulis on top. Spread 300 g Cointreau® mousseline cream. Lay the third and last sponge cake. Pour Cointreau® syrup again. Cover with 550 g Cointreau® mousseline cream. Freeze.

# 6. DECORATION FOR SMALL INDIVIDUAL CAKES

Cut cake into rectangles (10  $\times$  3,5 cm). Use a piping bag with a neutral nozzle to decorate the cake. Make some small mousseline Cointreau® cream flames on half of the top of the cake. Next to the cream, place a dark chocolate plate (1,5 cm  $\times$  8 cm) and decorate with a fresh strawberry or raspberry.

## 7. DECORATION FOR SMALL LOGS

Cut sponge into bands (4 cm large). Cover top and sides of the cake with Cointreau® mousseline cream. Leave in the fridge for 1 hour. Cover again with Cointreau® mousseline cream and create some ridges with a cake decorating comb. Cut 7 cm long logs. Decorate with chocolate decoration, some green chocolate plates and a fresh strawberry or raspberry.

