

GASTRONOMIE



COINTREAU® CITRUS FRUIT

Original creation by Laurent BOILLON, Boulangerie Pâtisserie Laurent, Melbourne, Australie

Recipe for 3 desserts with a diameter of 18 cm and 4.5 cm high



90 g ground almonds

55 g icing sugar

40 g egg yolks

80 g whole eggs

165 g egg whites

55 g caster sugar

70 g flour

Zest of 3 oranges Total weight: 555 g

In a mixer, use the beater attachment to mix the ground almonds and icing sugar, gradually add the egg yolks and then the whole eggs and whip together. In another mixer, whisk the egg whites and the caster sugar until stiff. Combine the two mixtures and incorporate the sifted flour and orange zest. Using a piping bag and nozzle, make 6 bases with a diameter of 16 cm. Cook in a convection oven at 170°C, for about 14 minutes.

2. YUZU ORANGE MARMALADE

35 g orange juice 160 g orange slices 35 g yuzu purée 80 g caster sugar (1) 80 g caster sugar (2) 1 g pectin NH 10 g potato starch Total weight: 401 g

In a saucepan, cook the orange juice, orange slices, yuzu purée and the first lot of caster sugar for 8 to 10 minutes to make a marmalade. Mix the second half of the caster sugar with the pectin NH and pour it into the marmalade. Return to the boil then add the potato starch. Remove from the heat and purée until smooth with a blender. Using Flexipan® moulds, make 3 discs 1 cm high with a diameter of 16 cm. Place an orange almond sponge base of the same size on top of the marmalade and place everything in the freezer.



3. MILK CHOCOLATE CREAM

360 g whipping cream

90 g egg yolks

35 g caster sugar

28 g gelatine

(4 g of 200 bloom gelatine powder and 24 g water)

145 g milk couverture chocolate (45%)

Total weight: 658 g

Make a custard with the cream, egg yolks and caster sugar cooked to 85°C. Add the gelatine. Pour the custard through a fine sieve over the milk couverture chocolate. Purée until smooth with a blender. Using Flexipan® moulds, make 3 discs 1 cm high with a diameter of 16 cm. Place a frozen orange almond sponge and orange marmalade base on top of the cream before it sets. Place in the freezer.

4. JELLED ORANGE COULIS

500 g orange juice

50 g caster sugar

84 g gelatine

(12 g of 200 bloom gelatine powder and 72 g water)

Total weight: 634 g

Heat the caster sugar and orange juice to 40°C. Add the gelatine. Using Flexipan® moulds, make 3 discs 1 cm high with a diameter of 16 cm. Place the coulis in the refrigerator briefly until lightly set. Place an orange almond sponge base of the same size on top of the coulis before it sets. Place in the freezer.

5. COINTREAU® BAVAROISE

85 g full-fat milk

70 g egg yolks

60 g caster sugar

200 g mascarpone

50 g Cointreau® 60%

70 g gelatine (10 g of 200 bloom gelatine powder and 60 g water)

410 g whipped cream

Total weight: 945 g

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COINTREAU









Make a custard with the milk, egg yolks and caster sugar cooked to 85°C. Add the gelatine. Incorporate the Cointreau® into the mascarpone, add the cold custard and fi nally fold in the whipped cream.

6. WHITE MIRROR ICING

150 g water
300 g glucose
300 g caster sugar
200 g sweetened condensed milk
140 g gelatine
(20 g of 200 bloom gelatine powder and 120 g water)
300 g white chocolate
5 g titanium oxide
Total weight: 1395 g

In a saucepan, heat the water, caster sugar and glucose to 103°C. Pour over the sweetened condensed milk, gelatine, white chocolate and titanium oxide. Refrigerate overnight. The following day, heat the glaze to 40°C and let cool to 30-35°C before use.

7. ASSEMBLY AND FINISHING

Assemble upside down: line the bottom and sides of 18 cm diameter and 4.5 cm high cake rings with the Cointreau® bavaroise. Insert (1) a jellied orange coulis and orange almond sponge base, then add the rest of the Cointreau® bavaroise. Finish by adding (2) a milk chocolate cream, yuzu orange marmalade and orange almond sponge base. Place in the freezer. Remove the desserts from the rings and glaze them with the white mirror icing. Finish the bottom of the cakes with a band of white chocolate and a white chocolate wave on the top.

INDIVIDUAL COINTREAU® CITRUS FRUIT

Recipe for 20 individual cakes 4.5 cm high with a diameter of 6 cm. The procedures are identical.

1. Orange almond sponge

Halve the recipe, use about 8 g for each individual sponge.

2. Yuzu orange marmalade

Halve the recipe. Pour into Flexipan®* moulds (about 8 g).

3. Milk chocolate cream

Halve the recipe. Pour into Flexipan® moulds (about 15 g).

4. Jellied orange coulis

Halve the recipe. Pour into Flexipan®* moulds (about 15 g).

5. Cointreau® bavaroise

Halve the recipe, use about 40 g for each cake.

6. Icing and decoration

Same recipe.

*1 cm high, 4 cm diameter Flexipan® moulds

