

GASTRONOMIE





Original creation by Manuel BOUILLET, Executive Pastry Chef, L'arôme Institut Culinaire Français, Shanghai

Recipe for 12 pieces



37 g of heavy cream

37 g of milk

1,5 g of lime zest

23 g of egg yolks

26 g of sugar

30 g of gelatin mass x6

40 g of Cointreau® 60% vol.

206 g of soft whipped cream

Infuse the lime zest in the hot heavy cream and milk. Strain and adjust to the original weight of the liquid. Cook the cream, yolks and sugar to 85°C. Add the gelatin, then cool down to 26°C. Add the Cointreau®, mix well, then lastly the soft whipped cream.

2. CRANBERRY FOAM

32 g of cranberry puree 8 g of strawberry puree $99\,g\,of\,water$ 10 g of sugar 1 g of lecithin powder

Heat the purees, water and sugar to 60°C. Add the lecithin powder and mix to incorporate a maximum of air.

3. CRANBERRY JELLY

118 g of cranberry puree 18 g of strawberry puree 20 g of rose jam 24 g of gelatin mass x6 20 g of Cointreau® 60% vol.

Mix the purees and rose jam. Dissolve the gelatin mass in $\frac{1}{4}$ of the purees, then pour over the remaining purees. Finish with the Cointreau®. Cast into donuts silicone molds. Freeze.

4. ROSE JOCONDE SPONGE

115 g of whole eggs 58 g of rose jam 67 g of egg whites



38 g of sugar 80 g of almond powder 26 g of flour T55 1,3 g of corn starch

15 g of butter

Mix the whole eggs with rose jam. Whisk the egg whites, then add the sugar gradually. Combine those 2 masses. Mix the powders together, then add them to the first mixture. Finish with the melted butter. Spread on a Silpat®. Bake at 170°C for 12/13 minutes.

5. SHORTBREAD

114 g of butter 57 g of icing sugar 2 g of salt flower 57 g of almond powder 48 g of whole eggs 223 g of flour T55

Mix the soft butter with all sugars and salt flower. Add the almond powder, then half of the flour. Add the whole eggs, then the remaining flour. Spread at 3 mm and freeze. Cut with a ø 8.5 cm and drill a 9 mm ø hole in the middle. Bake on a Silpain® at 150°C for 14/15 minutes.

6. ASSEMBLY

Cash the cranberry jelly in a donut silicone moulds.

Add the Cointreau® lime bavaroise.

Cut the joconde sponge with a cutter of 5.5 cm ø and insert into the mousse.

Freeze and spray with neutral glaze.

Cut the center with a straw.

Drop on top of the baked shortbread.

Pour your usual recipe of Cointreau® Cosmopolitan in the cup and dispose the shortbread.

Add some cranberry emulsion then insert the straw.

Decorate with rose petals.



COINTREAU













