

GASTRONOMIE



PISTACHIO CHERRY SPIRIT

H CHEF

Original creation by Babis Polykateros, Pastry chef, ice cream and chocolatier consultant

Recipe for 20 individual desserts



300 g pistachio powder 300 g sugar 75 g flour 120 g melted butter (82% fat) 300 g eggs S.Q. Metaxa® 60%

Using a spatula, mix all the ingredients together for 3 minutes. Spread on a 40 x 60-cm baking sheet. Bake at 190°C for 8 minutes. After baking, brush the biscuit with the Metaxa°.

2. METAXA® CHERRY COMPOTE

140 g Morello cherry puree 130 g sugar 5 g yellow pectin 5 g gelatin 180 bloom 380 g IQF whole Morello cherries 35 g Metaxa[®] 60%

Bring the puree, sugar and pectin to the boil. Stir in soaked gelatin. Add Morello cherries and stir until boiling. Cool to 40°C before adding the Metaxa[®]. Pour into desired silicone mould and freeze.

3. PISTACHIO CREAM

1 000 g cream (35% fat) 150 g sugar 240 g egg yolks at room temperature 20 g gelatine 180 bloom 180 g 33% white chocolate 240 g 100% pistachio paste



Bring the cream and sugar to the boil, then stir in the egg yolks until they reach 82° C. Using an immersion blender, blend in the pre-soaked gelatine, then the white chocolate, followed by the pistachio paste. Leave to stand overnight in a cool place.

4. TRADITIONAL PISTACHIO PRALINE

400 g sugar 120 g water 500 g whole pistachios

Bring sugar and water to the boil. Add raw pistachios, stirring constantly over medium heat until mixture turns golden. Roll out on a baking sheet and leave to cool. In a food processor, blend until perfectly smooth.

5. GREEN CHOCOLATE COVER

200 g white chocolate 200 g cocoa butter S.Q. green color fat based

Cool to 45°C before spraying.

6. ASSEMBLY



















