

GASTRONOMIE



COINTREAU® CLOUD



Original creation by Emmanuel RYON Meilleur Ouvrier de France Glacier, World Pastry Champion, 'Une glace à Paris', France



Recipe for 80 people for cocktail

1) COINTREAU® JERUSALEM ARTICHOKE ICE CREAM

1000 g milk

300 g cream (35% fat content)

220 g caster sugar

210 g atomized glucose

120 g milk powder (0% fat content)

8 g stabiliser for ice cream

500 g Jerusalem artichoke purée

1 g salt

1 g vanilla powder

40 g Cointreau® 60%

Total weight: 2 400 g

In a saucepan, bring the milk, the cream, the vanilla powder and the salt to the boil. Add the mix caster sugar-atomized glucose-milk powder-stabiliser. Cook to 85°C. Add the Jerusalem artichoke purée. Mix. Cook quickly to 4°C then add the Cointreau®. Mix. Leave to mature in the fridge for 4 hours. Churn.

2) COINTREAU® CHOCOLATE CARAMEL

225 g caster sugar 225 g cream (35% fat content) 225 g Carma dark chocolate 83% 30 g Cointreau® 60% 170 g milk Total weight: 875 g

In a saucepan, caramelise the sugar. Add the hot cream, then the dark chocolate and mix. Add the Cointreau® and the milk. Set aside.

3) SIPHON WITH MILK CHOCOLATE AND COINTREAU®

300 g milk 300 g cream 45 g caster sugar 120 g egg yolks 90 g Elysée Barry milk chocolate 20 g Cointreau® 60% Total weight: 875 g In a saucepan, heat the milk and the cream. Mix the caster sugar and the egg yolks until the mixture whitens, then add to the previous mixture. Cook to 80°C , then add the milk chocolate. Mix. Leave to cool and add the Cointreau. Mix again. Pour into a siphon with a gas cartridge and place in the fridge.

4) CRINKLED SKIN ON HOT MILK

250 g milk 60 g rice flour 50 g caster sugar Total weight: 360 g

In a saucepan, bring the milk, the rice flour and the caster sugar to the boil. Leave to cool then mix. Spread thinly into a Silpat® sheet. Bake to 80° C for 13 minutes. Let dry in an oven during a night.

5) ASSEMBLY

In a verrine, put a scoop of Cointreau® Jerusalem artichok ice cream. Poach the Cointreau® chocolate caramel. Using a siphon, cover the assembly with the Cointreau® milk chocolate. Decorate with pieces of crinkled skin and Jerusalem artichok chips.

