

GASTRONOMIE

COINTREAU

BUTTERFLY

HE CHEF

Original creation by Jeroen GOOSSENS, World Pastry Champion 2005 Silver medal Pastry cook to the Royal Court of Netherlands, Jeroen Goossens Dutch Pastry Company, Almere, Netherlands



1. VANILLA CHANTILLY

800 g cream 35% 70 g sugar (à -20°C) 15 g vanilla extract

Whip the cream with the sugar and the vanilla extract. Set aside for the decoration.

2. WILHELMINE SPONGE

285 g egg whites 260 g sugar 240 g egg yolks 180 g flour 15 g cornstarch 2 g salt

Beat the egg yolks. Whisk the egg whites with the sugar. Fold in the sifted flour, cornstarch and salt. Spread on a baking sheet covered with greaseproof paper of $60 \times 40 \text{ cm} \times 6 \text{ mm}$. Sprinkle with the toasted almonds on half of sponge. Cook to 230°C for +/- 4 minutes.

3. PISTACHIO MOUSSELINE CREAM

630 g cream 35% 145 g white chocolate 75 g pistachio paste 25 g Cointreau® 60% vol. 4 g gelatine powder 20 g water

Soak the gelatine powder in water. Bring the cream and the pistachio paste to a boil. Pour onto the white chocolate. Mix

and add the gelatine mass. Mix together. Set aside.

4. CHOUX PASTE

250 g water 240 g eggs

140 g flour 110 g butter

10 g sugar

4 g salt

Bring the water, salt, sugar and butter to a boil. Add the flour, stir in a saucepan for 1 minute. As soon as the paste comes away from the sides, transfer the mass into the beater bowl. Add the eggs gradually, until the mixture becomes a smooth texture. Pipe the éclairs: 12 cm long by 1,5 cm wide. Cook to 180°C for 20 minutes.

5. ANNA CREAM

340 g mandarin purée

340 g eggs

320 g sugar

240 g butter

170 g egg yolks

30 g Cointreau® 60% vol.

4 g gelatine powder

20 g water

3 g citric acid

3 g mandarin zests

Bring the purée, zests and half of the sugar to a boil. Mix the eggs with the egg yolks and the remaining sugar. Mix and cook to 85° C (Anglaise). Add the gelatin mass and the citric acid.

COINTREAU



















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Mix adding the butter in three times. Add the Cointreau® at the end. Leave to cool and Refroidir et fill the éclairs.

6. REVERSE ASSEMBLY

In a frame 30 x 40 cm, place half a layer of Wilhelmine sponge. Pour the pistachio mousseline cream. Put a small amount of the cream to smooth on the frame. Place the filled éclairs in the mousseline cream as in the picture. Smooth and close with half a layer of almond Wilhelmine sponge. Place in the freezer.

7. FINISHING

Cover the surface with a fine layer of vanilla Chantilly. Cut into $30\,x\,10$ cm slices. Decorate with a chocolate butterfly and sprinkle with vanilla sugar.

