

GASTRONOMIE



COINTREAU® LINGOT



THE CHE

Original creation by Alexis BOUILLET World's Best Young Pastry Chef 2011

Recipe for 4 pound cakes (15 cm long x 6.5 cm wide x 6 cm high)



375 g Orange Cointreau® poundcake

60 g mandarin syrup

White chocolate coating

Orange spray

Neutral glaze

Golden leaves

Mandarin pate de fruit (2.5 cm diameter, silicone mold)

1. ORANGE COINTREAU® POUNDCAKE

73 g mandarin puree Sicoly
12 g orange zests
266 g butter
155 g flour T55
73 g trimoline
73 g icing sugar
73 g sugar
116 g egg yolks
68 g eggs
155 g flour T55
7.5 g baking powder
174 g egg whites
73 g sugar
73 g sugar

324 g almond powder 75.5 g Cointreau® 60% vol.

48 g grape seeds oil

1. Combine mandarin puree, orange zests and Cointreau®.

- 2. With the paddle, mix together the soften butter, trimoline, icing sugar, sugar, almond powder.
- Change with the whisk and add grape seeds oil, egg yolks and eggs (Temperated).
- Add the sifted flour and baking powder + all the liquid part (n°1)
- Beat to a soft peak egg whites and sugar, and add delicately to the preparation.
- 6. Bake at 160°C 30/35 minutes.

2. MANDARIN SYRUP

120 g water 51 g mandarin puree Sicoly 69 g sugar 17 g Cointreau® 60% vol.

- 1. Boil sugar, water, then add the mandarin puree.
- 2. Cool it down at 40°C and finish by the Cointreau®.

3. WHITE CHOCOLATE COATING

1091 g white chocolate 35% 109 g grape seeds oil

Blend all together and temperate at 40°C.

4. ORANGE COCOA BUTTER SPRAY

100 g cocoa butter

100 g white chocolate

- SQ Red colorant powder (for chocolate)
- SQ Yellow colorant powder (for chocolate)
- SQ Titane colorant powder (for chocolate)
- Melt the cocoa butter and white chocolate at 40°C, add the colorants powder.
- 2. Mix with the hand blender and strain it.

5. MANDARIN PATE DE FRUIT

100 g mandarin puree Sicoly

20 g sugar n° 1

3 g yellow pectin

90 g sugar n° 2

20 g glucose syrup

2 g liquid citric acid (50/50)

- 1. Heat up puree at 40° C and pour over it the mix of sugar n° 1 and yellow pectin. Boil it.
- 2. Add the sugar n° 2 and glucose syrup, cook at 106°C or 75 Brix.
- 3. Add citric acid to make pectin set and pour into a silicone mold 2,5 cm.

6. ASSEMBLY AND FINISHING

Step 1: Bake the pound cake, soak it and freeze it.

Step 2: Temperate the coating at 40°C and dipp it.

<u>Step 3</u>: Heat the spray at 40° C and spray the pound cake + neutral glaze in the end.

<u>Step 4</u>: Decorate with one mandarin pate de fruit, some dotes of neutral glaze and some portions of golden leaves.











THE BOTANIST







