

GASTRONOMIE



# CHOCOLATE ORANGE KOUGLOF



THE CHEF

Original creation by Manuel BOUILLET, Twin's Creative Lab, Taipei, Taiwan

Recipe for 3 large and 6 small kouglofs



# 1. VIENNESE FERMENTED DOUGH

For 10 individual pieces 1 000 g T65 flour 18 g sea salt 100 g sugar

12 g dry frozen yeast (Gold) 150 g butter

275 g milk

275 g water

Total weight: 1830 g

Mix everything together for 3 minutes in  $1^{\text{st}}$  speed then 8 minutes in  $2^{\text{nd}}$  speed. The dough should end around  $23/24^{\circ}\text{C}$ . Let ferment 1 hour outside then 12 hours at  $3^{\circ}\text{C}$ .

## 2. CHOCOLATE COINTREAU® KOUGLOF

233 g T55 flour (14.5% proteines) 155 g T65 flour (11.5% proteines)

7,8 g sea salt

9,7 g dry frozen yeast (Gold)

194 g butter

117 g Viennese fermented dough

146 g whole eggs

72 g whole milk (1)

15,5 g honey

9,7 g vanilla bean paste

62 g sugar

97 g whole milk (2)

97 g Ocoa 70%

23 g Cointreau® 60%

155 g candied orange cubes 155 g chopped Ocoa 70% Total weight: 1 550 g

Make a ganache with milk (2) and the Ocoa. Chill in the fridge. Start mixing together the flours, dry yeast, sea salt, cubed buter, fermented dough, whole eggs, milk, vanilla paste and honey for about 20 minutes (until the dough isn't sticking to the sides of the bowl). The dough should be around 22°C.

Add progressively the sugar and mix until you reach  $24^{\circ}$ C. Add the cold ganache and mix until  $24^{\circ}$ C again.

Finish with the soaked candied oranges cubes in Cointreau® and chopped chocolate.

Let ferment for 45 minutes then give a fold and freeze 30/40 minutes. Shape as a round and let the dough rest 30 minutes in the refrigerator.

With a rolling pin, pierce the center then make it wider and drop in the mold. Chill overnight and rise next day.

Proof for 2:15 hours at 27°C, 75% humidity and bake.

#### Weight

300 g per big mold / 100 g per small mold Baking:155°C

for 25 + 2 minutes, fan 3% for small size

for 28 + 4 minutes for big one

... / ...





















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## 3. CYTRUS SYRUP

472 g water 157 g sugar 55 g almond flour 118 g mandarin juice 39 g passion fruit juice 58 g Cointreau® 60% Total weight: 900 g

Boil the water, sugar and almond flour. Allow to cool down at  $40^{\circ}\text{C}$  then add purees and Cointreau $^{\circ}$ .

## 4. ASSEMBLY

300 g chocolate orange Kouglof dough per individual piece /

100 g per mini

S.Q. softened butter

S.Q. sliced almonds

S.Q. mandarin syrup

S.Q. clarified butter

S.Q. sugar

S.Q. candied oranges

1 pièce en chocolat 4 x 4 cm

Apply softened butter in the Kouglof molds then add some almonds.  $% \label{eq:condition}%$ 

Drop the dough at the bottom and let rise 2,5 hours at  $27^{\circ}\text{C}$ , 75% humidity.

Bake at  $155^{\circ}$ C for 25 + 2 minutes, fan 3 (for small sizes), then 28 + 4 minutes for big one.

Let chill and soak in the syrup.

Apply some clarified butter and sprinkle with sugar.

Decorate.