

GASTRONOMIE



VANILLA & MOUNT GAY® RUM **LOAF**

BAKER SECRETS: A Lesaffre & Rémy Cointreau Gastronomie collaboration

CHEF

Original creation by Julien JUBIN, Industrial Bakery Technologist Lesaffre Asia Pacific

Recipe for 6 pieces



Part 1

1000 g of flour

380 g of whole eggs

150 g of Mount Gay® rum

140 g of water

50 g of liquid vanilla

10 g of vanilla pods sliced 18 g of salt

125 g of sugar

35 g of Saf-instant® Gold instant dry yeast

10 g of Magimix® Green bread improver for volume &

60 g of purple sweet potato flour

25 g of milk powder

Part 2

 $250\,\mathrm{g}$ of butter 125 g of sugar

Mix all ingredients in Part 1 using a spiral mixer. Mix on low speed for 4 minutes, followed by high speed for 6 minutes.

Add butter into the mixture and mix on low speed for another 3 minutes, followed by high speed for 2 minutes.

At the end of mixing, ensure that the dough temperature is around 26°C (+/-1°C).

First fermentation: Cover and ferment the dough for 120 minutes at about 25°C.



2. SHAPING THE DOUGH

Divide the dough into portions of 150 g.

Leave the dough portions to rest in the chiller for about 1 hour at 3°C.

Remove from chiller and shape dough into a shape similar to "batards" (approximately 15 cm in length and 7 cm in width). Proof dough at 12°C at 85% humidity, until it has doubled in size (approx. 15 hours).

3. BAKING

Preheat rotary oven at 170°C. Bake for 25 minutes.







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PORT CHARLOTTE





