

GASTRONOMIE



ORIGINAL ST-RÉMY



Original creation by Jean-Michel PERRÚCHON, Meilleur Ouvrier de France Pâtissier Ecole Bellouet Conseil, Paris, France

Recipe for 20 half-spheres, ø 7 cm.

Composition: hazelnut dacquoise, caramelized hazelnuts, fruits macerated in St-Rémy® Brandy, St-Rémy® bavaroise, milk and dark chocolates mousse, dark mirror chocolate glaze.

1. HAZELNUT DACQUOISE

210 g egg whites 80 g caster sugar 100 g almond powder 100 g icing sugar 30 g flour Total weight: 520 g

Beat the egg whites, then add the caster sugar. Incorporate the hazelnut powder, icing sugar and flour. Spread on a 33 cm Flexipan® square frame, 2 cm high. Bake in a convection oven at 170°C for about 12 to 14 minutes.

2. CARAMELIZED HAZELNUTS

65 g caster sugar 30 g water 150 g white hazelnuts 5 g cocoa butter Total weight: 250 g

In a saucepan, heat the caster sugar and water to 120°C. Add the white hazelnuts, sand by stirring until caramelized. At the end, add the cocoa butter to separate the hazelnuts. Coarsely chop. Store in a dry place.

3. FRUITS MACERATED IN ST-RÉMY®

120 g water 60 g caster sugar 50 g prunes cubes 50 g dry apricot cubes 30 g golden grapes 40 g St-Rémy® Brandy 60% Total weight: 350 g



Bring the water and caster sugar to the boil in a saucepan. Add the fruit cubes and St-Rémy® Brandy. Leave to macerate for 6 hours in the fridge.

4. ST-RÉMY® BAVAROISE

90 g milk

25 g egg yolks

30 g caster sugar

 $21\,\mathrm{g}$ gelatin mass (3 g gelatin powder 200 blooms and 18 g

30 g St-Rémy® Brandy 60%.

150 g whipped cream Total weight: 346 g

Make a custard with the milk, egg yolks and caster sugar cooked to 85°C. Remove from the heat, stir in the gelatin and allow to cool. Add the St-Rémy® brandy and finally the whipped cream.

5. MILK AND DARK CHOCOLATES **MOUSSE**

60 g egg yolks

100 g syrup to 30°B

21 g gelatin mass (3 g gelatin powder 200 blooms and 18 g water)

450 g whipped cream

150 g dark couverture chocolate 70%

75 g milk couverture chocolate 36%

Total weight: 856 g

Make a sabayon with the egg yolks and syrup poached at 85°C, then beat with a mixer fitted with a whisk attachment until completely chilled. Add the melted gelatin mass.

Stir some of the whipped cream into the chocolates, melted at 40°C. Stir in the sabayon, then the remaining whipped cream. Serve immediately.

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6. DARK MIRROR CHOCOLATE GLAZE

150 g water

300 g caster sugar

300 g glucose

200 g sweetened condensed milk

150 g gelatin mass (21 g gelatin powder 200 blooms and 129 g

250 g dark couverture chocolate 64%

Total weight: 1350 g

The previous day: In a saucepan, heat the water, caster sugar and glucose to 103°C. Pour the mixture over the condensed milk, gelatin mass and the chocolate. Mix. Refrigerate overnight. Next day, heat glaze to 32°C. Mix before using.

7. ASSEMBLY & FINISHING

Drain the cubes and spread about 15 g on the bottom of a \varnothing 4 cm Flexipan® dome mould.

Pour about 15 g of bavaroise over the fruit macerated with St-Rémy® and freeze.

In a ø 7 cm Flexipan® dome, poach 40 g chocolate mousse, sprinkle with caramelized hazelnuts, place the St-Rémy® bavaroise insert and hazelnut dacquoise base. Freeze.

Unmould and cover with dark chocolate mirror glaze.

Decorate with gold leaf and chocolate feathers.



















