

GASTRONOMIE



BLACKBERRY CHOCO TART



THE CHEF

Original creation by Emmanuel RYON Meilleur Ouvrier de France Glacier, World Pastry Champion, 'Une glace à Paris', France



Recipe for 4 entremets (ø 20 cm)

1. COCOA SHORTBREAD PASTRY

180 g softened butter 120 g icing sugar 1 g salt 60 g whole eggs 36 g almond powder 300 g flour 30 g cocoa powder Total weight: 727 g

Using a mixer fitted with the paddle attachment, gently blend the softened butter, icing sugar and salt. Add whole eggs, almond powder and flour sifted with cocoa powder. Roll out the shortbread pastry to ½ cm thickness between two sheets of baking paper. Set aside in the freezer.

2. BROWNIE SPONGE

375 g 66% dark chocolate 375 g butter 260 g whole eggs 300 g caster sugar 3 g salt 6 g liquid vanilla 150 g flour 3 g baking powder 160 g chopped pecans

Total weight: 1632 g

Melt the dark chocolate and butter in a bain-marie at 40°C. Blanch the mixture of whole eggs, caster sugar, salt and liquid vanilla. Mix the melted couverture and butter with the blanched mixture. Sift in flour and baking powder. Stir in chopped pecans. Line the brownie with a pastry bag.

3. JASMINE TEA BLACKBERRY JELLY

200 g water 100 g blackberry pulp 50 g caster sugar 15 g jasmine tea 8 g gelatin leaves Total weight: 373 g

Soak gelatine in cold water for 30 minutes. In a saucepan, bring the water, blackberry pulp and caster sugar to the boil. Add jasmine tea. Leave to infuse for 10 minutes. Drain the gelatine and stir into the mixture. Pour into circles. Set aside in the fridge.

4. CHOCOLATE SORBET

100 g water 130 g trimoline 120 g caster sugar 10 g 2000 stabilizer 450 g 70% dark chocolate 6 g gelatin leaves Total weight: 816 g

Soak gelatin in cold water for 30 minutes. Bring water and trimoline to the boil in a saucepan. Add the caster sugar and stabilizer mixture. Cook at 100°C. Pour over chopped dark chocolate. Drain gelatin and stir in. Blend the chocolate sorbet. Turbinate warm.

... / ...



GASTRONOMIE

5. BLACKBERRY CHOCOLATE MOUSSE

300 g blackberry puree 100 g egg yolks 60 g caster sugar 300 g 40% milk chocolate 250 g 66% dark chocolate 450 g whipped cream

40 g Sélection commerce Jacobert 45%

Total weight: 1500 g

In a saucepan, bring the blackberry puree to the boil. Add the blanched egg yolks and caster sugar mixture. Cook at 85°C. Pour over semi-melted chocolates. Blend. Allow to come down to temperature. At 40°C, fold in the Sélection commerce Jacobert, then the whipped cream in two or three times. Pour the chocolate mousse in a circle.

6. BLACKBERRY COULIS GLAZE

270 g blackberry puree 12 g potato starch 30 g caster sugar 60 g **Sélection commerce Jacobert** 45% Total weight: 372 g

In a saucepan, bring the blackberry puree to the boil. Add the potato starch-sugar mixture and bring to the boil for about

1 minute. Allow to come down to temperature. At 40°C, stir in Sélection Commerce Jacobert. Set aside in the fridge.

7. CHOCOLATE-RED VELVET GLAZE

140 g 61% dark chocolate 140 g pure cocoa paste 140 g cocoa butter 50 g red colouring for chocolate Total weight: 470 g

Melt all the ingredients to 45°C.

8. ASSEMBLY

Base assembly

Using a rolling mill, roll out the shortbread pastry to 2.2 m. Cut 2 cm-high strips, then line a 20 cm-diameter tart circle.

Pour in 380 g of brownie sponge. Bake in a fan-assisted oven for 12 minutes at 160°C. Set aside in the freezer.

Insert assembly

Pour 70 g jasmine-tea blackberry jelly into 18 cm circles. Place in the fridge. Using a pastry bag, top with 50 g chocolate sorbet balls. Pour 230 g blackberry chocolate mousse. Place in freezer. Create a ball-shaped relief with the blackberry chocolate mousse. Set aside in the freezer.

9. FINISHING

Place an insert on a brownie base.

Spray with chocolate-red velvet glaze.

Arrange red rose petals and fresh blackberries around the tart. Place a rodhoid to hold the decoration around the tart.

Finish decorating the tart with a fresh blackberry, dots of blackberry coulis glaze, dark chocolate decorations, dark chocolate threads and a touch of gold.



















