

GASTRONO



COINTREAU® SAINT HONORÉ

HE.

Original creation by Ludovic RICHARD, Meilleur Ouvrier de France Boulanger

Recipe for 2 Saint Honoré of 6 persons



1. BRITTANY SABLE WITH ORANGE ZESTS

180 g egg yolks 340 g cassonade sugar 360 g butter 500 g flour T55 30 g baking powder 2 orange zests

Mix until white the yolks and the cassonade sugar. Add the softened butter, the orange zests and finally the sifted flour and baking powder. Store in a refrigerator (+ 4°C) for several hours. Roll out the paste to a thickness of 7 mm and cut out rectangles of 20 cm x 11 cm. Bake in a fan forced oven at 170°C for 25 to 30 minutes, then allow to cool on a grill.

2. SALTED BUTTER CARAMEL

400 g castor sugar 100 g glucose $500\,\mathrm{g}$ cream 200 g butter 10 g sea salt

Make a caramel with the sugar and glucose then pour in the heated cream and the butter and to finish the salt. Return to the heat for a few minutes to reach a temperature of 103-104°C.

3. COINTREAU® LIGHT CREAM

1000 g pastry cream 500 g Chantilly cream 40 g Cointreau® 60%

Beat well together the pastry cream with the Cointreau® then delicately add with a spatula the Chantilly cream.

4. FINISHING

Spread a thin coat of caramel over each Brittany Sable. Pipe onto the caramel, using a Saint Honoré nozzle, the Cointreau® light cream.

To finish: place on the dressed biscuit, 10 Cointreau® light cream filled choux puffs and salted caramel icecream.



THE BOTANIST















