

GASTRONOMIE



FULL OF PASSION

Original creation by Pascal De Deyne, Bronze medallist at the Coupe du Monde

de la Pâtisserie 2011

Van Dender by Sweet Bakery, Brussels





(1 sheet 60 x 40 cm) 300 g egg whites 80 g sugar 85 g 100% almond powder 170 g 100% hazelnut powder 250 g icing sugar 65 g flour

Beat egg whites with sugar until stiff. Sift together powders, sugar and flour. Gently fold into the stiffly beaten egg whites. Spread on baking sheets lined with parchment paper. Bake at 210°C for 12 to 14 minutes.

2. JOCONDE SPONGE

(1 sheet 60 x 40 cm) 270 g eggs 400 g almonds, 50% ground 60 g flour 180 g egg whites 40 g sugar 40 g butter

Whisk the eggs with the almond and flour. Melt butter. Beat egg whites with sugar until stiff. Mix the butter with the egg-almond mixture, then gently fold into the stiffly beaten egg whites. Spread on baking sheets and bake at 240°C for 6 minutes.

3. PASSION ORANGE COMPOTE

(20 g per person) 220 g fresh orange flesh 220 g orange juice 220 g passion fruit puree 300 g sugar 6 g fresh orange zest



12 g yellow pectin 6 g citric acid 12 g gelatin powder 60 g cold water 12 g Cointreau® 60%

Zest the oranges over some of the sugar to capture all the essential oils and flavours of the peel. Remove the peel and white filaments from the oranges. Cut oranges into pieces. Mix some of the sugar with the pectin. Cook the orange pieces with the sugar, zest and juice. Then add the sugar-pectin mixture. Cook at 105°C. Remove from heat and add citric acid. Cool to 40°C before adding gelatin and Cointreau®. Fill Silpat® molds and freeze.

4. HAZELNUT MOUSSE

(20 g per person) 325 g 60/40 hazelnut praline 175 g milk 20 g sugar 10 g gelatin powder 50 g cold water 1,5 g salt 500 g 35% cream

Heat milk, sugar and salt to 85°C. Add softened gelatin and stir, then hazelnut praline and blend. Cool to 30°C, then fold in the whipped cream. Spread the hazelnut mousse over the fruit compote. Place a joconde sponge on top.

5. PASSION MANGO MOUSSE

(40 g per person) 240 g white eggs 340 g sugar 100 g water

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20 g gelatin powder 100 g water 360 g passion fruit puree 120 g mango puree 730 g 35% cream

Mix gelatine with cold water. Whip the cream to half-fermented, not too much in advance. Heat sugar and water to 121°C. Pour over stiffly beaten egg whites. Add melted gelatin. Fold in passion fruit puree and continue whisking. Mix the whipped cream with the mango puree. Finally, fold the mango cream into the passion meringue.

6. PASSION JELLY

500 g passion fruit puree 250 g sugar 85 g glucose 5 g pectin 10 g citric acid 50 g neutral jelly

Heat the passion fruit puree with 4/5 of the sugar and the glucose. Mix remaining sugar with pectin and stir in. Cook at 105°C. Remove from heat and stir in citric acid. After cooling slightly, stir in neutral jelly. Keep refrigerated.

7. YELLOW GLAZE

150 g water (1) 300 g sugar 300 g glucose 200 g végétop 20 g gelatin powder 100 g water (2) 200 g white chocolate Yellow coloring 250 g passion fruit jelly

Mix gelatin with water (2). Cook water (1), sugar and glucose at 105°C. Add the vegetop, white chocolate and softened gelatin to a bowl. Pour the hot mixture over the chocolate. Blend until smooth, then add the passion fruit jelly and yellow coloring. After cooling, place in the fridge for storage.

8. ASSEMBLY

Fill moulds halfway with passion fruit-mango mousse. Add frozen interior. Smooth with passion-mango mousse. Place hazelnut dacquoise on top. Freeze. Unmould and top with yellow icing.

9. HAZELNUT CRUMBLE

(FOR DECORATION OR ADDITIONAL CRUNCHY BASE)

560 g flour 440 g butter 280 g almonds, 100% ground 480 g hazelnuts, 50% ground Zest of 4 oranges 200 g light brown sugar 4 g Fleur de sel

Zest the oranges over the sugar.

Briefly mix the butter with the grindings, the zest-sugar mixture and the Fleur de sel.

Quickly stir in flour. Set aside in the fridge.

Bake at 160°C for 16 to 18 minutes.



















