



MILKY SWEETNESS PASSION MANGO COINTREAU®



Original creation by
Jean-Michel PERRUCHON,
Meilleur Ouvrier de France Pâtissier
Ecole Bellouet Conseil,
Paris, France

Recipe for around 3 entremets measuring 16 cm in diameter



Composition: reconstituted crumble, hazelnut dacquoise, caramelized hazelnuts, mango, passion fruit and Cointreau® confit, milk chocolate mousse, passion fruit and Cointreau®, milk chocolate mirror icing.

1. RECONSTITUTED CRUMBLE

50 g butter

50 g flour

50 g brown sugar

50 g hazelnut powder

40 g pailleté feuilletine

70 g hazelnut paste

70 g milk couverture chocolate

Total weight: 380 g

Make a crumble with the butter, flour, brown sugar and hazelnut powder. Bake in a fan-assisted oven at 170°C for around 15 minutes. Pour into the mixer while hot over the remaining ingredients and mix with the leaf. Roll out to 2/3 mm on a sheet of guitar paper and cut into 14 cm-diameter discs. Set aside for assembly.

2. HAZELNUT DACQUOISE

100 g egg whites

45 g caster sugar

45 g almond powder

45 g roasted hazelnut powder

70 g icing sugar

20 g flour

Total weight: 325 g

Beat the egg whites with the caster sugar in a mixer. Gently fold in the sifted powders with spatula. Using a piping bag, pipe 3 \varnothing 14 cm discs. Bake at 170°C for approx. 15 minutes. Set aside for assembly.

3. MANGO, PASSION FRUIT AND COINTREAU® CONFIT

100 g passion fruit purée

200 g mango purée

20 g inverted sugar

30 g caster sugar

6 g NH pectine

7 g gelatin mass (1 g gelatin powder 200 blooms and 6 g $\,$

water)

12 g potato starch

20 g Cointreau® 60%

Total weight: 395 g

Place the purées in a saucepan. Add the inverted sugar, then the powders previously mixed together. Bring to the boil. Blend together and pour around 100 g of confit into 14 cm ø Flexipan® inserts. Set aside in the freezer to finish.

4. MILK CHOCOLATE MOUSSE, PASSION FRUIT & COINTREAU®

170 g whipping cream

50 g passion fruit purée

1 vanilla pod

80 g egg yolks

50 g caster sugar

160 g milk couverture chocolate 35%

70 g gelatin mass (10 g gelatin powder 200 blooms and

60 g water)

520 g whipped cream

40 g Cointreau® 60%

Total weight: 1140 g



GASTRONOMIE

To make a custard: cook the whipping cream, passion fruit purée, vanilla pod (split and scraped), egg yolks and caster sugar together at 85°C. Immediately pour over the chocolate and gelatin mass. Cool to 30°C before adding the whipped cream and Cointreau®. Set aside to assemble entremets.

5. MILK CHOCOLATE MIRROR ICING

300 g caster sugar

125 g water

300 g glucose

200 g sweet condensed milk

 $140\ g$ gelatin mass (20 g gelatin powder 200 blooms and

120 g water)

300 g milk chocolate couverture

Total weight: 1365 g

In a saucepan, cook the caster sugar until dry, then stop cooking with the water and hot glucose. Adjust the weight of waterglucose caramelized sugar to 725 g with water if necessary. Pour the mixture over the sweet condensed milk, gelatin mass and milk chocolate couverture. Blend with an immersion blender and set aside in the fridge. Before use, heat icing to 40°C and use at

6. ASSEMBLY & FINISHING

In circles 16 cm in diameter and 4.5 cm high, lined with a strip of PVC tape, place a reconstituted crumble disk at the bottom.

Arrange the milk chocolate mousse, passion fruit and Cointreau®, hazelnut dacquoise and mousse again.

Place a palate of mango, passion fruit and Cointreau® confit and a few crushed caramelized hazelnuts.

Smooth over the circle with the remaining mousse and place in the freezer.

Unmold the entremets.

Cover with milk chocolate mirror icing.

Decorate with a belt of milk chocolate couverture, a wedge of mango and a few pieces of passion fruit.





















