

GASTRONOMIE



ST-HONORÉ



Original creation by Laurent LUO Pastry Chef Melody Luo Bakery, Xiamen, China

Recipe for 10 St-Honoré



1. CHOUX PASTRY

290 g water 253 g milk 271 g butter 16 g sugar 8 g salt 271 g flour T55 500 g whole eggs

Bring the water, milk, butter, sugar and salt to a boil, then remove from heat, stir in the flour, and dry over heat. With the paddle attachment, gradually add the eggs. Pipe the dough onto the baking sheet. Bake in a conventional oven at 180°C on top and 160°C on bottom for about 50 minutes.

2. HAZELNUT CREAM WITH ILES DU VENT RUM

100 g egg yolks 66 g sugar 186 g milk 186 g cream 164 g milk chocolate 40% 30 g cocoa butter 64 g hazelnut paste 18 g gelatin mass 20 g lles du vent rum 54%

Make a custard with the egg yolks, sugar, milk and cream, then stir in the gelatin mass, hazelnut paste, chocolate, cocoa butter, $\,$ and finally the Iles du Vent rum. Set aside overnight before whipping.

3. COCONUT CREAM

262 g cream (1) 116 g coconut purée 80 g white chocolate 31% 25 g gelatin mass 260 g cream (2)

Boil the cream (1), mix with the gelatin masss and chocolate before adding the purée and cream (2). Set aside overnight before whipping.

4. COFFEE CREAM

200 g milk 8 g instant coffee 40 g white chocolate 31% 153 g dark chocolate 56% 24 g gelatin mass 438 g cream 15 g lles du vent rum 54%

Bring the milk to a boil, then still in all the ingredients. Mix and set aside overnight.

5. ASSEMBLY AND FINISHING

Fill the puffs with hazelnut cream and coffee cream: 80 g of each cream. Pipe the coconut cream on top, then decorate with small cream puffs and chocolate pieces.











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