



RÉMY COINTREAU

GASTRONOMIE

COINTREAU



DU BELLAY LOG

FROZEN ENTREMETS



Ingredients for 4 to 5 one-liter logs, from bottom to top: success base, Cointreau® parfait, soaked biscuit, strawberry ice cream.

1. SUCCESS

4 egg whites
250 g sugar
125 g almond powder
15 g flour

Beat the egg whites until stiff, then mix them with the dry ingredients. Pipe onto buttered and floured baking sheets using a star tip. Bake in a low oven.

2. COINTREAU® PARFAIT

16 egg yolks
1/2 liter of syrup with a density of 1260 (30° Baumé)
Cointreau® 60%

Poach in a bain-marie. Whisk until completely cooled. Flavor with Cointreau®. Mix with twice the volume of unsweetened whipped cream.

3. ALMOND BISCUIT

125 g almond powder
200 g caster sugar (1)
1 egg + 6 egg yolks
125 g flour
6 egg whites
50 g caster sugar (2)

Mix the eggs with the sugar (1), then add the almond powder. Beat the egg whites with the sugar (2) until stiff, then fold in the flour and finally the previous mixture. Bake in a very low oven at 150°C.

4. STRAWBERRY ICE CREAM

1 liter of strawberry pulp
1 liter of cold syrup with a density of 1260 (30° Baumé)
1 lemon juice
1/2 liter of custard

Overall density 1120 (16° Baumé)

5. ASSEMBLY & FINISHING

Line the log mold with strawberry ice cream. Pour in a little Cointreau® parfait, then place the Cointreau®-soaked biscuit on top. Top up with Cointreau® parfait. Freeze.
Turn out onto the Success base and decorate as desired.

ORIGINE

In 1524, a boy named Joachim was born into an Anjou family near Lyré. He was a gentle and refined poet, fluid and easygoing, with a serious and often melancholic grace. In his sonnets, he expressed an ardent love and sentimental idealism. He will remain in our poetry as a master of the sonnet.

Exiled to Rome in his position as steward to Cardinal du Bellay, his cousin, sad to be so far from his "little Lyré" and unable to think without tears of the "sweetness of Anjou," his aching soul was all the more sensitive to the impressions of this strange world where he languished.

And all these impressions were captured in penetrating sonnets, in which he most often thought of rhyming about love and women.

