RÉMY COINTREAU

GASTRONOMIE

"Iles du Vent"

VANILLA TROPICAL TART



THE CHEF

Original creation by Babis Polykateros,
Technical Advisor and Pastry Chef
Stelios Yiannikas, Greece
Pastry, ice cream and chocolate consultant



AI MODIFIED

Recipe for about 20 tarts, 30 cm in diameter

1. SWEET DOUGH

- 190 g butter 82%
- 320 g plain flour
- 140 g icing sugar
- 50 g almond powder
- 70 g eggs
- 1 g salt

Mix all the powders in a mixer fitted with a paddle attachment. Add cold butter. Mix well. Stir in eggs and form into a dough. Refrigerate for 2 hours. Shape into desired size and pre-bake at 190°C for 20 minutes.

2. ILES DU VENT COCONUT FINANCIER

- 130 g egg whites
- 250 g sugar
- 20 g glucose
- 100 g almond powder
- 80 g plain flour
- 150 g melted butter
- 40 g fine grated coconut
- 2 g vanilla extract
- 20 g Iles du Vent 54% rum
- 2 g baking powder

Mix all ingredients in a mixer fitted with the paddle attachment. Let stand, ideally overnight, in the fridge. Spread a thin layer over the pre-baked tart. Finish baking at 170°C for 15 minutes.

3. CARAMEL COCONUT

- 100 g sugar
- 50 g trimoline
- 175 g cream 35%
- 75 g fine grated coconut

Make a caramel with sugar and trimoline at about 145°C. Deglaze with hot cream. Mix the coconut and refrigerate overnight. Apply to Iles du Vent coconut financier.

4. VANILLA WHIPPED CREAM

- 250 g cream 35% (1)
- 40 g trimoline
- 325 g white chocolate 32%
- 25 g vanilla extract with pods
- 5 g gelaine leaves
- 250 g cream 35% (2)

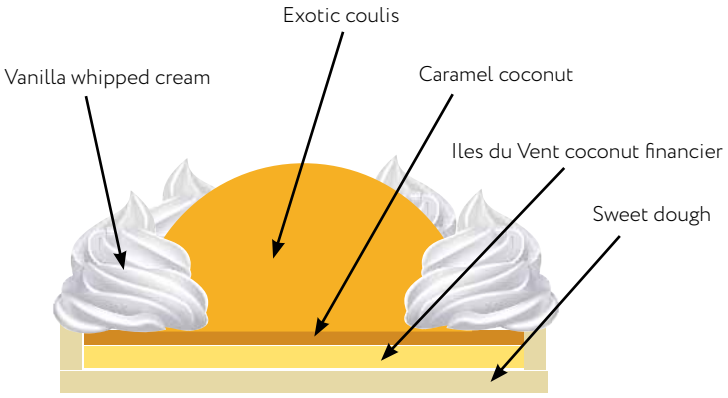
Soak gelatine in cold water. Bring cream (1), trimoline and vanilla to 85°C. Add gelatin and mix. Stir in the white chocolate, emulsify, then the cream (2). Leave overnight in the fridge. Whisk gently before serving.

5. EXOTIC COULIS

- 480 g tropical fruits puree
- 130 g sugar
- 20 g gelatin leaves
- 20 g Iles du Vent 54% rum

Soak gelatine in cold water. Bring puree and sugar to 85°C. Add gelatin and Iles du Vent rum. Pour into half-spheric silicone mould and freeze.

6. ASSEMBLY



COINTREAU
RÉMY MARTIN
MOUNT GAY
PORT CHARLOTTE
ST-RÉMY
METAXA
THE BOTANIST
"Iles du Vent"
jacobert
Père MAGLOIRE
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