



MIRROR OF LOIRE



Original creation by Jean-Michel PERRUCHON, Meilleur Ouvrier de France Pâtissier Ecole Bellouet Conseil, Paris, France

Recipe for 15 individual "on the go cakes" (10 cm in diameter)



1. FINANCIER

250 g butter
300 g caster sugar
5 g salt
200 g almond powder
300 g whole eggs
80 g flour
70 g Cointreau® concentrated 60%
Total weight: 1205 g

In a beater with a paddle, cream the butter then add the caster sugar, the salt and the almond powder. Add the eggs little by little then beat the mixture for around 15 minutes, until creamy. Pour the mix into a stainless steel bowl and mix the sieved flour and the Cointreau® with a spatula. Put into circular aluminium molds (10 cm in diameter and 2 cm high) and cook in a ventilated oven at 170°C (190°C in a convection oven) for around 20 minutes. Remove from the molds when well cooled and set aside ready for the finishing touches.

2. COINTREAU® SOAKING SYRUP

250 g of syrup (30° Bx) 100 g Cointreau® 60% Total weight: 350 g

Mix together.

3. ICING

20 g Cointreau® 60% 20 g water 180 g icing sugar Total weight: 220 g

Mix together and gently heat.

4. FINISHING TOUCHES

Top the well cooled mirrors with a layer of hot apricot glaze, then a layer of icing. Decorate with candied orange rinds.