





COINTREAU® CARAMEL CAKE



Original creation by Laurent MORENO, Consultant Pastry Chef, Le Bonheur, Paris, France

Recipe for 2 cakes (10 good slices per cake) Preparation time: 2 hours



1. CAKE DOUGH

295 g caster sugar

215 g eggs (to room temperature) or 2 eggs

20 g egg yolks (to room temperature) or 1 egg yolk

250 g flour

8 g baking powder

1 g salt

130 g thick cream

90 g butter

With your food processor, mix the eggs, the salt and the caster sugar till a creamy color. Add the thick cream and mix together well. Add the flour and the baking powder, mix delicately. Add the melted and cooled at room temperature butter. Mix together well.

450 g of dough per mould after baking

<u>Cake mould with a tube</u>:

Put some dough on the tube to stick a sheet of greaseproof paper around the tube.

Line the mould with a sheet of greaseproof paper.

Fill the mould and close the cover.

$\underline{\mathsf{Traditional}\;\mathsf{cake}\;\mathsf{mould}}:$

Fill the pre-buttered mould.

Bake at 170°C for 40/45 minutes. Remove the cake and place it on a rack.

2. SOAKING SYRUP

1 litre of water 500 g sugar

100 g passion fruit juice or lemon juice

Generously soak the cake on the rack with the syrup.

Cake mould with a tube: CuisineShop

3. FILLING: SALTED BUTTER CARAMEL SUZETTE

160 g caster sugar

100 g liquid cream 6 cl orange juice

150 g butter

2,5 g salt flower (or salt)

45 g gelatin mass (7 g of gelatin leaves and 38 g hot water)

35 g Cointreau® 40% vol.

In a saucepan, make a caramel adding the sugar gradually (to avoid formation of lumps). When the caramel is dark blond, add the orange juice and the cream, previously slightly heated, then the salt.

Bring to the boil (until the thermometer reads 110°C).

Continue the stirring after baking. Pour into a recipient provided with a pouring spout. Add the cold butter, cut into small pieces. Then let cool.

Add the gelatin mass and mix. Add the Cointreau® and mix. Put in blender.

4. ASSEMBLY

<u>Cake mould with a tube</u>:

Stand the cake (covered with a plastic film), fill with a little caramel to make a plug and put in refrigerator.

Complete the filling with the caramel in the tube, and put in the refrigerator.

Traditional cake mould:

Let the caramel set in a cool place.

Fill a pastry bag with caramel and spread on top of cake, by drawing $\ll\!S\!$. Put in the refrigerator.

