

GASTRONOMIE

# COINTREAU

# COINTREAU® PASSION FRUIT BABA



Original creation by Laurent MORENO, Consultant Pastry Chef, Le Bonheur, Paris, France

Recipe for 20 savarins

#### 1. BABA DOUGH

195 g flour 20 g baking powder 20 g honey 4 g salt 195 g fresh eggs 80 g melted butter 0,10 g chopped lemon zest

In a beater with a whisk, mix flour, salt, baking powder, honey and chopped lemon zest. Then pour half the eggs and mix. Add gradually the remaining eggs. Knead until the dough is smooth and elastic. When the dough pulls away from the bowl, add the cold melted butter and mix. Place the dough in a bowl, cover and let stand for 10 minutes. Fill Savarin Flexipan® moulds using a pastry bag. One recipe = one baking sheet = 20 savarins. Let rise. Bake in a convection oven at 165°C for 35 minutes.

#### 2. BABA SYRUP

1 000 g water 500 g sugar 150 g passion fruit pulp 150 g Cointreau® 40% vol.

Bring to the boil, then add the  $\underline{\mathsf{Cointreau}}^{\otimes}$  and fruit pulp. Let cool.

Remove the babas, let soak in the syrup. When they are wellsoaked, place it on a grid to drain the syrup.



## 3. WHIPPED CREAM

500 g cream 2 vanilla pods

In a beater using a whisk, whip the cream. Add seeds of vanilla pods and mix.

### 4. ASSEMBLY

Place the baba in the center of the plate, pour a little Cointreau<sup>®</sup> Using a pastry bag, make a beautiful rosette of whipped cream, on the baba. Decorate with 2 thin strips of vanilla pods ou with fruits.

