

GASTRONOMIE

COINTREAU

JADE TROPICAL



Original creation by Laurent MORENO, Consultant Pastry Chef, Le Bonheur, Paris

Recipe for 3 entremets of 16 cm diameter

1) LIGHT SPONGE

240 g eggs 70 g invert sugar 70 g caster sugar 70 g butter 1 teaspoon of curry powder 155 g flour

Whip eggs with invert sugar and sugar, add butter. Fold in sifted flour and pour into 14 cm diameter rings. Bake at 170°C in a fan forced oven for 12 to 14 minutes.

2) MORELLO CHERRY CONFIT

200 g Morello cherry puree 200 g Morello cherries, chopped and frozen 5 stems of fresh coriander 65 g gelatin mass* 45 g Cointreau® 60% vol.

Melt puree and add gelatin mass, Cointreau® and blend. Add chopped cherries and pour into 14 cm rings, blast freeze.

3) GELATIN MASS*

60 g gelatin powder 200 Bloom 10 g water

Mix ingredients together.

4) PISTACHIO MOUSSE

300 g milk 24 g pistachio paste 60 g caster sugar 100 g egg yolks 50 g gelatin mass* 60 g Cointreau® 60% vol. 210 g whipped cream

Heat milk, pistachio paste and sugar. Add egg yolks and boil. Add gelatin mass* and emulsify with a hand blender. Cool to 16°C before folding semi-whipped cream.



5) MIRROR GLAZE

125 g water 300 g caster sugar 300 g glucose 200 g sweetened condensed milk 10 g titanium dioxide 140 g gelatin mass*

300 g white chocolate 5 g green fat based colouring 10 g yellow fat based colouring

Cook water, sugar and glucose to 103°C, pour onto condensed milk and gelatin mass. Finish by adding chocolate. Refrigerate and use at 30-35°C.

6) DECORATION

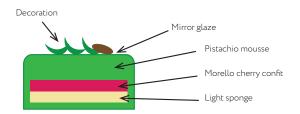
Gold leaf

Green chocolate discs Green chocolate band made with a stencil to form a wave effect Chocolate logo

7) ASSEMBLY AND FINISHING

Line a strip of acetate into a 16 x 4.5 cm ring. Proceed with an assembly upside down: pipe pistachio mousse half way up in the rings and place cherry confit, fill again with mousse. Place sponge and blast freeze. Unmould, glaze and decorate.

* Gelatin mass: Mix 100 g gelatin powder (200 Bloom) with 6 times its weight in water, or 600 g water, for a total of 700 g gelatin mass. Let swell up in the fridge to 5°C. Then weigh in gelatin mass and melt in the microwave. length of preservation: 5 days in the refrigerator.















ST-RÉMY.





