

GASTRONOMIE

# COINTREAU

# TOTAL CHOCOLATE COINTREAU®



Original creation by Laurent BOILLON, Boulangerie Pâtisserie Laurent, Melbourne, Australie



Recipe for 1 entremets with a diameter of 18 cm and 4.5 cm high, for approximately 8 people

# **1. FLOURLESS CHOCOLATE SPONGE**

2 egg whites (60 g) 30 g caster sugar 2 egg yolks (40 g) 15 g cocoa powder Total weight: 145 g

In a mixer, use the whisk attachment to whip the egg whites with the caster sugar to soft peak consistency. With a maryse, gently add the egg yolks and then the sifted cocoa powder. Using a pastry bag fitted with a tip number 8, place in 16 cm diameter circle. Cook in a convection oven at 180°C for about 10 minutes. Set aside for assembly.

# 2. COINTREAU® BAVAROISE

30 g full-fat milk 1 egg yolk (20 g) 20 g caster sugar ½ vanilla pod 25 g Cointreau® 40% 2 gelatine leaves (4 g) 200 blooms 80 g whipped cream Total weight: 179 g

Make a custard: heat milk with the ½ vanilla pod, split and scraped. Remove the vanilla pod, pour the boiling milk over the white mixture egg yolks and caster sugar. Cook to 85°C. Allow to cool slightly and then add the Cointreau<sup>®</sup> and gelatine which have already softened in cold water and drained. Smooth with a blender. Let the custard cool to 30°C and then fold in the whipped cream. Place in 16 cm diameter mould (about 160 g) and sprinkle each one with 60 Griottines<sup>®</sup> Cointreau<sup>®</sup>. Place in the freezer.

# **3. CHOCOLATE MOUSSE**

50 g caster sugar 20 g water 3 egg yolks (60 g) 1 whole egg (50 g) 140 g dark couverture chocolate (72%) 175 g whipped cream Total weight: 495 g

Make a sabayon: cook the sugar and water. Add in a thin stream to the egg yolks and whole eggs as they are beating. Continue whipping as it cools. Mix some of the whipped cream into the chocolate (melted to 40°C), then add the sabayon and finally the rest of the whipped cream. Use directly.

## 4. MORELLO CHERRY DECORATION

40 g Morello cherry purée 10 g corn starch 20 g abricot or apple jelly Total weight: 70 g

In a saucepan, heat the cherry purée to 40°C, add the corn starch and bring briefly to the boil. Stir in the jelly. Set aside for the assembly and finishing stage.

#### 5. DARK CHOCOLATE ICING

45 g water 160 g caster sugar 120 g whipping cream 60 g glucose 45 g cocoa powder 30 g caster sugar 5 gelatin leaves (10 g) 200 blooms Total weight: 470 g





In a saucepan, cook the water and caster sugar to 120°C. Heat the cream, glucose, cocoa powder and caster sugar to 40°C. Pour the cooked sugar into the second mixture. Smooth with a blender and add the gelatine which have already softened in cold water and drained. Refrigerate overnight. The following day, heat the glaze to 35°C and let cool to 30°C before use.

## 6. ASSEMBLY AND FINISHING

In a 18 cm diameter, 4.5 cm high circle, place the flourless chocolate sponge in the bottom. Cover with chocolate mousse, add the frozen Cointreau<sup>®</sup> and Griottines<sup>®</sup> Cointreau<sup>®</sup> disc. Smooth with the remaining chocolate mousse. Place in the freezer. Unmould the dessert, glaze with the dark chocolate icing, finish with the chocolate decoration<sup>°</sup> and dots of the cherry coulis.

\* Chocolate decoration: Melt dark chocolate to 32°C, place in a paper cornet and draw threads on a plastic sheet. Put in the freezer for around 10 minutes, then take off with caution.



