

GASTRONOMIE

COINTREAU

COUP DE CŒUR



Original creation by Antoine SANTOS, Ecole Criollo Tokyo, Japan

Recipe for approximately 12 individual gateaux



1. ORANGE PAIN DE GÊNES

90 g almond paste min. 70%* 2 whole eggs (100 g) 25 g caster sugar 35 g butter Zest of ½ orange 20 g candied orange cubes 30 g flour T55 1 g baking powder (½ level teaspoon) Total weight: 301 g

° Preparation of the almond paste min. 70% (composed of 70% of white almonds and 30% of sugar)

In a bowl of cold water, put 175 g of whole white almonds for 12 hours. The next day, drip off well and dry with a dry and clean cloth. Freeze the almonds for around 10 to 15 minutes. Place the almonds in the food processor and process until coarsely chopped. Add 75 g of icing sugar. Mix together until to obtain a smooth almond paste. Put in a food-safe plastic bag and store in a cool place or in a freezer.

Warm the almond paste in the microwave oven (around 40 to 45°C). Heat to 35°C the eggs and the sugar over a bain-marie. Pour little by little the eggs into the mixing bowl fitted with a whisk. Beat until the mixture is white and light.

Add the melted hot (45°C) butter, the chopped cubes of candied orange and the orange zest. Fold through the flour and the baking powder sifted together. Preheat oven to 170°C. Pour into a round baking tin, buttered and floured, to a thickness of 1 cm. Put in the oven and reduce the temperature to 160°C. Cook for approximately 15 minutes (ensure that the sponge cake is soft). Unmould and cover with plastic wrap when it is warm. Keep cool.

2. CANDIED APRICOTS

12 apricots halves, fresh or in syrup 150 g caster sugar Total weight: 250 g

In a bowl, mix gently the apricot halves with the sugar and cover with plastic wrap. Allow to rest for one night in the refrigerator. The following day, boil for 2 to 3 minutes in a saucepan, then drain. Preheat oven to 120°C. Place the apricot halves on a baking tray lined with a sulfurised paper and cook in a fan forced oven at 120-130°C to extract the humidity from the apricots for approximately 20 minutes. After cooling, cut into small pieces and spoon 10 g into each small dome before to pour over the mandarin jelly.

3. MANDARIN JELLY

190 g mandarin purée (around 4 to 5 peeled mandarins) 20 g caster sugar 1 ½ gelatin leave (3 g) 200 Blooms Total weight: 213 g

Cut mandarins in half, then remove seeds and white skin. Blend to obtain a smooth purée, then sieve coarsely.

Put 190 g of purée in a saucepan with the sugar.

Cook on low heat for around 5 to 8 minutes to reduce the purée and concentrate the taste.

Add the gelatin previously soaked in cold water and drained; cool the mixture in a bowl over ice. When the mixture thickens, pour into the dome shaped silicon molds with a diameter of 4 cm (around 10 g by mold), over the candied apricots (around 10 g by mold) and place in the freezer.





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4. COINTREAU® MOUSSE

80 g whole milk 80 g 35% MF liquid cream 2 gelatin leaves (4 g) 200 Blooms 30 g Cointreau® 40% 40 g acacia honey 35 g caster sugar 2 egg yolks (40 g) 140 g whipped cream Total weight: 449 g

In a saucepan, heat the milk and the cream and add the gelatin, previously soaked in cold water and drained. Cool down the mix. When the mix is at 30°C approximately, boil the sugar, water and honey in a small saucepan and pour over the egg yolks in a bowl while whisking. Heat over a hot bain-marie and whisk until mixture thickens. Remove from the bain-marie and keep whisking until the mixture is cold. The mixture is very light and foamy. Add the Cointreau®, then the cooled mixture milk, cream and gelatin. Add whipped cream at the same time with a spatula.

5. ASSEMBLY

Pour the Cointreau® mousse half way into each heart shaped silicon mold. Unmould the mandarin and apricot jelly, then place in the center of small gateaux by pressing a little.

Cut out the biscuit using a cookie cutter that is smaller than

the used mould dimensions. Place a biscuit on the top of small gateaux. Press on lightly and smooth to the top edge with a spatula. Freeze.

6. CHANTILLY DECORATION

400 g 35% MF liquid cream 30 g caster sugar Total weight: 430 g

Whip the cream and the sugar lightly until a liquid texture as for a glaze. Unmould. Glaze completely the individual hearts over a grill, To obtain a fine layer, strike the grill gently on the worktop. Sprinkle with icing sugar at the last moment.

Decorate with white chocolate chips done with a peeling knife. You can also only decorate with white chocolate chips and some red fruits, without glaze.

