## COINTREAU

## COUP DE CEEUR

Recipe for approximately 12 individual gateaux


\author{

1. ORANGE PAIN DE GÊNES <br> 90 g almond paste min. 70\%* <br> 2 whole eggs ( 100 g ) <br> 25 g caster sugar <br> 35 g butter <br> Zest of $1 / 2$ orange <br> 20 g candied orange cubes <br> 30 g flour T55 <br> 1 g baking powder (1/2 level teaspoon) <br> Total weight: 301 g
}
*Preparation of the almond paste min. $70 \%$ (composed of $70 \%$ of white almonds and $30 \%$ of sugar)
In a bowl of cold water, put 175 g of whole white almonds for 12 hours. The next day, drip off well and dry with a dry and clean cloth. Freeze the almonds for around 10 to 15 minutes. Place the almonds in the food processor and process until coarsely chopped. Add 75 g of icing sugar. Mix together until to obtain a smooth almond paste. Put in a food-safe plastic bag and store in a cool place or in a freezer.

Warm the almond paste in the microwave oven (around 40 to $45^{\circ} \mathrm{C}$ ). Heat to $35^{\circ} \mathrm{C}$ the eggs and the sugar over a bain-marie. Pour little by little the eggs into the mixing bowl fitted with a whisk. Beat until the mixture is white and light.
Add the melted hot $\left(45^{\circ} \mathrm{C}\right)$ butter, the chopped cubes of candied orange and the orange zest. Fold through the flour and the baking powder sifted together. Preheat oven to $170^{\circ} \mathrm{C}$. Pour into a round baking tin, buttered and floured, to a thickness of 1 cm . Put in the oven and reduce the temperature to $160^{\circ} \mathrm{C}$. Cook for approximately 15 minutes (ensure that the sponge cake is soft). Unmould and cover with plastic wrap when it is warm. Keep cool.

## 2. CANDIED APRICOTS <br> 12 apricots halves, fresh or in syrup <br> 150 g caster sugar <br> Total weight: 250 g

In a bowl, mix gently the apricot halves with the sugar and cover with plastic wrap. Allow to rest for one night in the refrigerator. The following day, boil for 2 to 3 minutes in a saucepan, then drain. Preheat oven to $120^{\circ} \mathrm{C}$. Place the apricot halves on a baking tray lined with a sulfurised paper and cook in a fan forced oven at $120-130^{\circ} \mathrm{C}$ to extract the humidity from the apricots for approximately 20 minutes. After cooling, cut into small pieces and spoon 10 g into each small dome before to pour over the mandarin jelly.

## 3. MANDARIN JELLY

190 g mandarin purée
(around 4 to 5 peeled mandarins)
20 g caster sugar
$1 \frac{1}{2}$ gelatin leave ( 3 g ) 200 Blooms
Total weight: 213 g
Cut mandarins in half, then remove seeds and white skin. Blend to obtain a smooth purée, then sieve coarsely.
Put 190 g of purée in a saucepan with the sugar.
Cook on low heat for around 5 to 8 minutes to reduce the purée and concentrate the taste.
Add the gelatin previously soaked in cold water and drained; cool the mixture in a bowl over ice. When the mixture thickens, pour into the dome shaped silicon molds with a diameter of 4 cm (around 10 g by mold), over the candied apricots (around 10 g by mold) and place in the freezer.

## 4. COINTREAU® MOUSSE

80 g whole milk
$80 \mathrm{~g} \mathrm{35} \mathrm{\%}$ MF liquid cream
2 gelatin leaves ( 4 g ) 200 Blooms
30 g Cointreau ${ }^{\circledR} 40 \%$
40 g acacia honey
35 g caster sugar
2 egg yolks ( 40 g )
140 g whipped cream
Total weight: 449 g
In a saucepan, heat the milk and the cream and add the gelatin, previously soaked in cold water and drained. Cool down the mix. When the mix is at $30^{\circ} \mathrm{C}$ approximately, boil the sugar, water and honey in a small saucepan and pour over the egg yolks in a bowl while whisking. Heat over a hot bain-marie and whisk until mixture thickens. Remove from the bain-marie and keep whisking until the mixture is cold. The mixture is very light and foamy. Add the Cointreau ${ }^{\circledR}$, then the cooled mixture milk, cream and gelatin. Add whipped cream at the same time with a spatula.

## 5. ASSEMBLY

Pour the Cointreau ${ }^{\circledR}$ mousse half way into each heart shaped silicon mold. Unmould the mandarin and apricot jelly, then place in the center of small gateaux by pressing a little.
Cut out the biscuit using a cookie cutter that is smaller than
the used mould dimensions. Place a biscuit on the top of small gateaux. Press on lightly and smooth to the top edge with a spatula. Freeze.
6. CHANTILLY DECORATION
$400 \mathrm{~g} \mathrm{35} \mathrm{\%}$ MF liquid cream
30 g caster sugar
Total weight: 430 g
Whip the cream and the sugar lightly until a liquid texture as for a glaze. Unmould. Glaze completely the individual hearts over a grill, To obtain a fine layer, strike the grill gently on the worktop. Sprinkle with icing sugar at the last moment.
Decorate with white chocolate chips done with a peeling knife. You can also only decorate with white chocolate chips and some red fruits, without glaze.

