

GASTRONOMIE



COINTREAU® SUSPENSE

'HE CHEF

Original creation by Yannick LABBE, Pastry European Champion in 2011

Recipe for 15 people



1. HAZELNUT DACQUOISE

115 g hazelnut powder 115 g icing sugar 45 g brown sugar 125 g egg whites 2 g cinnamon

Sift together icing sugar, lightly toasted hazelnut powder and cinnamon. Beat egg whites by quickly adding brown sugar in order to achieve an optimal consistency of whipped egg whites. Finally add the sifted mixture. Bake in a deck oven at 200°C with opened vent.

2. FRUIT INSERT

150 g orange 200 g mango 50 g banana 150 g pineapple 150 g sugar 100 g orange juice 60 g Cointreau® 60% 6 g pectin NH

Cook almost all the sugar until you obtain a pale golden caramel (reserve about 15 g). Stop cooking with orange juice. Add the diced fruits and give a light broth. Then stabilize with pectin. Mix the remaining 15 g of sugar with Cointreau®. Pour into ring.

3. CHOCOLATE CREAM

188 g whipping cream 188 g whole milk 75 g egg yolks 40 g sugar 2 cloves Infuse the cloves in milk and cream. Then prepare a custard. Hot, take 375 g of custard and emulsify with the spatula with 142 g of chopped Gianduja chocolate (as for a ganache) in order to obtain a smooth, shiny and elastic texture. Mix hot. Pour the cream over the fruit insert.

4. CHOCOLATE MOUSSE

3 g gelatin 107 g milk 175 g Caribbean chocolate 215 g whipped cream

Warm the milk. Add the gelatin. Gradually pour over the chocolate to obtain a ganache. Then carefully fold in the whipped cream.

5. SPONGE WITHOUT FLOUR

30 g butter 25 g egg yolks 125 g egg whites 42 g sugar 105 g Caribbean chocolate

Melt the chocolate at about 40-45°C. Meanwhile, beat egg whites with sugar. As soon as they are whipped, mix with the yolks, then with a spatula, add melted chocolate and butter, previously lightened with a part of whipped whites. Cook at 180°C, with opened vent.

























6. GLAZE

225 g icing paste 50 g Guanaja couverture 150 g UHT cream 50 g glucose 100 g sugar syrup at 30°C 20 g Cointreau® 60% 25 g cocoa paste

7. CRISP CHOCOLATE LEAVES

Necessary for the assembly

8. DECORATION

Chocolate glaze Pieces of chocolate Kumquat and cinnamon stick

