

GASTRONOMIE



# BUTTERFLIES & ROYAL SIDECAR



Original creation by Patrick AUBRION, Pastry Chef and chocolatier

# **BUTTERFLIES**

Recipe for 10 pieces

# **1. GINGER YUZU CREAM**

## (ball to the center)

- 122 g fresh cream (35% fat)
- 25 g fresh yuzu pulp
- 3 g Cointreau<sup>®</sup> 60%
- 3 g grated fresh ginger
- 3 g lime zest
- 31 g egg yolks
- 31 g sugar
- 1½ gelatin leaf, silver

### Make a custard:

- Heat the fresh cream, yuzu pulp, grated fresh ginger and lime zest.
- · At the same time, whisk the egg yolks with the sugar until the mixture forms a white ribbon.
- Soak the gelatin leaves in cold water.
- · When the first preparation boils, pour on the ribbon, while mixing.
- Return the mixture to the saucepan and cook until mixture thickens and covers the spatula (85°C).

Strain in a bowl, incorporate the soaked gelatine and Cointreau<sup>®</sup>. Mix and fill silicone moulds in the shape of 2 cm diameter hall Set aside in the freezer.

# 2. ECUADOR DARK CHOCOLATE MOUSSE

- 270 g fresh cream (35% fat)
- 70 g egg yolks
- 60 g whole eggs
- 72 g sugar
- 22 g water
- 8 g Cointreau® 60%
- 100 g Ecuador origin dark chocolate couverture 2 gelatin leaves, silver





THE BOTANIST **METAXA**°

COINTREAU Rémy Martin

Gold-wire sculpture: Racso Jugarap

Make a pastry bomb dough:

- Cook the sugar with water to 118°C.
- Drizzle over egg yolks and whole eggs, already whisked.
- Beat on medium speed until the mixture whitens.

Whip fresh cream until you have a smooth texture, then set aside in the fridge.

Soak the gelatin leaves in cold water. Melt the chocolate couverture to 45°C.

Make the mousse:

- Pour some of the whipped cream over the hot chocolate to realize a ganache.
- Add the Cointreau® and mix well.
- Incorporate the remaining whipped cream and mix.
- Mix the melted gelatin with the pastry bomb dough.
- Incorporate this pastry bomb dough to the whipped creamchocolate mixture.

#### Build the spheres:

Fill silicone molds in the shape of 4 cm diameter ball with chocolate mousse, then insert the ginger yuzu cream ball. Set aside in the freezer.

## **3. DARK CHOCOLATE SPRAY**

50 g cocoa butter 150 g dark chocolate 60%

Melt at 45°C cocoa butter and chocolate, mix well.

# 4. BLACK OLIVES SHORTBREAD

- 125 g butter 125 g flour (T45) Q.S. Szechuan pepper Q.S. Fleur de sel
- 90 g black olives

Mix soft butter with flour and olives drained and chopped. Season with salt and pepper.

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**MOUNT GAY** rbados Rum 1703











RÉMY COINTREAU

GASTRONOMIE

Flatten the dough and cover with clingfilm. Reserve for 6 hours in fridge.

Spread the dough using  $\bar{\mathsf{a}}$  dough sheeter, to a thickness of 2 mm.

Cut in 3 cm diameter discs. Put on a Silpat<sup>®</sup> placed on a baking tray.

Cover the discs with a second Silpat® and a weight.

Bake to 180°C for about 12 minutes.

Leave to cool and keep at room temperature.

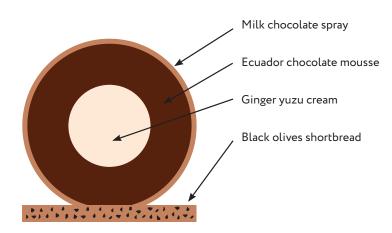
## 5. ASSEMBLY

Unmold and place the chocolate mousse-ginger yuzu cream balls on a cooking rack. Place them in the freezer for 10 minutes before spraying

immediately a thin coating of chocolate spray to obtain an abstract effect.

Place the balls on baked shortbread.

Decorate with chocolate butterflies, cut using water-jet.



### ROYAL SIDECAR Recipe for 10 glasses

35 cl Rémy Martin® 1738 Cognac 30 cl Cointreau® 40% 15 cl lemon juice

In a shaker with ice, pour Rémy Martin<sup>®</sup> 1738 Cognac, Cointreau <sup>®</sup> and lemon juice. Shake, strain, then pour in a Champagne glass.