

GASTRONOMIE



# COINTREAU®-PISTACHIO GOURMAND PUFF



THE CHEF

Original creation by Marc DUCOBU Relais Desserts, Pâtisserie DUCOBU, Waterloo, Belgium

Recipe for approximately 20 puffs



200 ml water

200 ml milk 180 g butter

4 g salt

8 g sugar

220 g flour

6 eggs

Bring the water, milk, salt, sugar and butter to the boil. Add the flour and cook on heat again, stirring persistently until dough is formed. Off the heat, add the eggs gradually. Pipe the puffs using a pastry bag.

#### 2. CRUSTY PASTE

100 g butter

130 g brown sugar

130 g flour

Soften the butter and mix with brown sugar and flour. Allow the paste shell to cool completely. Spread between 2 sheets and cut into discs of the same size that yours puffs. Freeze before placing them on the puffs. Cook to  $180^{\circ}$ C for 20/30 minutes.

### 3. PISTACHIO INSERT

100 g pistachio praline\* 40 g water

<sup>o</sup> Pistachio praline :

1 kg pistachios

400 g sugar

10 g salt



Heat the sugar. At the time it begins caramelize, add the roasted pistachios. Mix until all pistachios are completely caramelized. Add the salt. When the pistachios are cold, crush to do the praline.

### 4. PISTACHIO WHIPPED CREAM

390 g cream (35% fat) (1)

270 g white chocolate

140 g pistachio paste

395 g cream (35% fat) (2)

#### Preparation the previous day:

Heat the cream (1). Pour on the chocolate. Add the pistachio paste. Finish by adding the cold cream (2).

#### 5. COINTREAU® CHANTILLY

675 g cream (40% fat) 15 g Cointreau® 60%

## 6. ASSEMBLY

Whip pistachio cream and garnish the puffs three-quarters. Add the pistachio insert and a few strawberries around. Cover with pistachio whipped cream.

Whip the Cointreau® chantilly, form a rosette and place strawberries around.

Decorate with chopped pistachios.



















