

GASTRONOMIE

"lles du Vent"

ILES DU VENT MANGO VIENNESE COFFEE



Original creation by Nicolas PIEROT, International Pastry Chef Consultant

1. MANGO LADYFINGER

For 1 sponge of 40 x 60 cm 133 g egg yolks 92 g saccharose (2) 67 g inverted sugar 75 g passion fruit puree 200 g mango puree 20 g egg white powder 91 g saccharose (1) 133 g flour T45 33 g potato starch 17 g grape seed oil 17 g butter Total weight: 875 g

Beat egg yolks with saccharose (2) and inverted sugar. At the same time, whip the passion fruit puree, mango puree, egg white powder and saccharose (1) and let form. Gently mix the two preparations and add the sifted powders. Finish by adding the grape seed oil and butter mixture at 40/45°C. Spread on Teflon[®] sheet. Cook at 180°C for about 12 minutes. Return to the oven.

2. PASSION MANGO MOUSSE

365 g cream (35% fat) 68 g trehalose 68 g pasteurized egg whites 10 g 200 bloom gelatin powder 58 g water to hydrate gelatin 324 g mango puree 67 g passion fruit puree Total weight: 960 g

Whip the cream and refrigerate. Make a Swiss meringue with the trehalose and egg whites. Dissolve the gelatin in the purees at 50°C. Cool the gelified puree at 30°C. Gradually add the Swiss meringue, then the whipped cream. Use immediately.



3. MANGO JELLY

37 g trehalose 1 g xanthan gum 375 g mango puree 8 g 200 blooms gelatin powder 48 g water to hydrate gelatin Total weight: 469 g

Mix the trehalose with xanthan gum. Add gradually while mixing on the mango puree. Hydrate the gelatin with water. Melt the hydrated gelatin with a little xanthan puree. Mix together and pour.

4. STRONG COFFEE CRUMBLE

80 g butter 82% 100 g brown sugar 90 g flour T65 8 g ground coffee 2 g soluble coffee 1 g Fleur de sel Total weight: 281 g

In a mixer bowl with the paddle attachment, place all the ingredients and knead until the mixture is smooth. Sift through. Bake at 150°C for about 20 minutes. Reserve in a dry place.

PORT CHARLOTTE

5. RUM COFFEE MILK JAM

400 g cream (35% fat) 133 g coffee beans then 267 g coffee infusion 44 g saccharose 1 g Fleur de sel 74 g glucose 9 g water 5 g soluble coffee 7 g cocca butter 9 g butter 30 g **Iles du Vent rum** Total weight: 979 g

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GASTRONOMIE

Bring the cream to a boil, add the coffee beans and brew for 15 minutes. Strain this infusion, recover 267 g. In a saucepan, pour the coffee infusion, saccharose, Fleur de sel, glucose, soluble coffee previously hydrated with water. Cook at 103°C. At 40°C, add cocoa butter and butter. Emulsify with a hand blender, then add Iles du Vent rum. Reserve at 4°C.

6. COFFEE MOUSSE

140 g cream (35% fat) (1) 18 g coffee beans 3 g 200 blooms gelatin powder 18 g water to hydrate gelatin 70 g Felchlin 36% Edelweiss white chocolate 350 g cream (35% fat) (2) Total weight: 599 g

In a saucepan, bring the cream (1) to a boil, add coffee beans and infuse for 20 minutes. Strain and adjust the weight to 140 g with cream. Boil to 80°C, add the gelatin previously hydrated and pour over the white chocolate. Mix to 30°C then add the whipped cream (2).

7. RUM COFFEE WHIPPED GANACHE

140 g cream (35% fat) (1)
18 g coffee beans
3 g 200 blooms gelatin powder
18 g water to hydrate gelatin
70 g Felchlin 36% Edelweiss white chocolate
350 g cream (35% fat) (2)
30 g lles du Vent rum
Total weight: 629 g

Bring the cream (1) to a boil, then add crushed coffee. Infuse for 20 minutes, strain and adjust the cream weight to 140 g. Boil to 80°C, add the hydrated gelatin and pour over the chocolate. Mix to emulsify. Add cold cream (2) and Iles du Vent rum. Mix again and set aside at 4°C for 12 hours before use. Whip at the desired texture, use immediately.

8. ASSEMBLY

12 g white chocolate cup ø 8.5 cm x height 4.5 cm (thermoforming)
6 g strong coffee crumble Mango ladyfinger (4.5 cm)
12 g lles du Vent rum coffee milk jam
15 g mango passion mousse
25 g lles du Vent rum coffee whipped ganache Poaching diameter: 5.5 cm
12 g coffee mousse
6 g mango jely ø 2.5 cm, in a silicone half-sphere mould Neutral gel
Cocoa powder
Candied lemon zest

