

GASTRONOMIE

# COINTREAU

## COINTREAU<sup>®</sup> MANGO CHARLOTTE



Original creation by Manuel & Alexis BOUILLET, Consultant Pastry Chefs, Twin's Creative Lab, Taïwan

Recipe for 1 entremets of 6 people

#### **1. JAPANESE SPONGE**

93 g flour T55 2,9 g baking powder 66 g butter 131 g milk 169 g egg yolks 75 g egg whites (1) 241 g egg whites (2) 183 g sugar

Sift the flour and baking powder. Boil the butter and milk and pour over the flour. Put everything back in the saucepan and dry lightly. Cool to  $50^{\circ}$ C. Microwave the yolks and whites (1) to  $37/38^{\circ}$ C and gradually add to the previous mixture. The final temperature should be around  $40/45^{\circ}$ C. Beat the egg whites (2) with the sugar until they form soft peaks. Add this meringue to the previous mixture. Spread on  $40 \times 60$  cm baking sheet. Cooking in convection oven:  $170^{\circ}$ C, speed 2, damper open, for 50 minutes. After cooling, cut 3 discs 12 cm in diameter per entremets and  $15 \times 45$  cm strip, per entremets.

#### 2. EXOTIC CONFIT

94 g passion fruit puree 94 g mango puree 15 g sugar 3,4 g pectin NH 0,9 g gelatin 200 blooms

In a saucepan, bring the purees to 40°C. Combine the sugar and pectin and gradually add to the purees. Bring to a boil. Hydrate the gelatin powder and then add to the confit, out of the fire.

### 3. COINTREAU® BAVAROISE

18 g cream (35% fat) 18 g milk 12 g egg yolks 13 g sugar



1,8 g gelatin 200 blooms 9 g <mark>Cointreau®</mark> 60% 103 g whipped cream (35% fat)

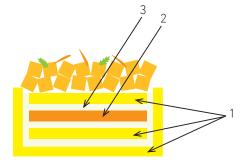
Bring the cream, milk, yolks and sugar to 85°C. Strain and add the hydrated gelatin. Cool to 27/30°C. Incorporate the Cointreau<sup>®</sup>. Mix. A 10/12°C, add the whipped cream.

#### 4. ASSEMBLY & FINISHING

900 g japanese sponge 125 + 75 g exotic confit 75 g x 2 layers of Cointreau® bavaroise 150 g fresh mango cubes Icing sugar Candied orange zest Lemon balm leaves

Apply a strip of Japanese sponge inside a 15 cm circle. Pour 125 g of exotic confit into a 12 cm circle and freeze. Mix the remaining confit with 75 g of fresh mangoes, diced (1.5 cm). Place the first cookie (12 cm) at the bottom of the circle. Place 75 g of Cointreau<sup>®</sup> bavaroise for the first layer. Place a second sponge and pipe 30 g of Cointreau<sup>®</sup> Bavaroise. Place the frozen confit insert and pipe 45 g of Cointreau<sup>®</sup> Bavaroise. Place the third sponge, press lightly. Freeze.

Sprinkle with icing sugar the edges of the charlotte. Spread the fresh mango-exotic confit mixture on top. Decorate with candied orange zest and some lemon balm leaves.















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