

GASTRONOMIE



# EXOTIC ST-RÉMY®



THE CHEF

Original creation by Jean-Michel PERRUCHON Meilleur Ouvrier de France Pâtissier Ecole Bellouet Conseil, Paris, France

Recipe for 3 desserts 4.5 cm high with a diameter of 18 cm

### 1. CRYSPY HAZELNUT MILK CHOCOLATE

120 g milk couverture chocolate (38% cocoa) 240 g hazelnut paste 40 g softened butter 80 g pailleté feuillantine wafer crunch

Total weight: 480 g

Melt the milk chocolate in the microwave at 35°C, add the hazelnut paste, softened butter and pailleté feuillantine. Spread the mixture in 16 cm diameter rings. Place in the freezer.

## 2. HAZELNUT DACQUOISE

250 g egg whites

120 g inverted sugar

100 g ground almonds

 $100\,\mathrm{g}$  whole ground hazelnuts

90 g icing sugar

30 g flour

55 g lightly toasted chopped hazelnuts

Total weight: 745 g

Whip the egg whites and the inverted sugar with the whisk attachment. Incorporate the mixture of ground almonds, ground hazelnuts, icing sugar and flour sifted together. Using a piping bag with a 1 cm tip, make 6 discs with a diameter of 16 cm, sprinkle with the lightly toasted chopped hazelnuts. Cook in a convection oven at 175°C for 15 to 18 minutes.

#### 3. FRIED BANANAS

50 g butter 80 g brown sugar 500 g fresh banana 20 g St-Rémy® brandy 60% Total weight: 650 g

Melt the butter in a frying pan, add the brown sugar and cook bananas cut lengthwise keeping a firm consistency. Add the St-Rémy® brandy and flambé. Set aside for assembly.



## 4. ST-RÉMY® BANANA MOUSSE

200 g full fat milk

200 g whipping cream

180 g egg yolks

100 g caster sugar

200 g banana purée

126 g gelatin

(18 g of 200 Bloom gelatin powder and 108 g water)

70 g St-Rémy® brandy 60%

430 g whipped cream

Total weight: 1506 g

Make a custard: in a saucepan, heat the milk, cream, egg yolks and caster sugar to 85°C. Pour over the banana purée, blend and cool. Add the gelatin melted in the microwave, the St-Rémy® brandy and then the whipped cream. Set aside for assembly.

## 5. MILK CHOCOLATE GLAZE

150 g water

300 g caster sugar

300 g glucose

200 g sweetened condensed milk

140 g gelatin

(20 g of 200 Bloom gelatin powder and 120 g water)

300 g milk couverture chocolate (38% cocoa)

Total weight: 1390 g

In a saucepan, heat the water, caster sugar and glucose to  $103^{\circ}$ C. Add the hot syrup to the sweetened condensed milk, gelatin and lastly the milk chocolate. Mix well and then refrigerate. The following day, heat the glaze to  $40^{\circ}$ C and let cool to  $30\text{-}35^{\circ}$ C before use.

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## 6. ASSEMBLY AND FINISHING

In 4.5 cm high, 18 cm diameter rings, place a crispy hazelnut milk chocolate base, cover with a little of the St-Rémy® banana mousse, add a hazelnut dacquoise disc, a little more mousse, a few pieces of fried banana, and then a second dacquoise disc and then smooth flush with the top of the ring with the remaining St-Rémy® banana mousse.

Place in the freezer. Remove the desserts from the rings and glaze them with the milk chocolate glaze. Decorate with chocolate shavings and pralinettes around the sides, and a few slices of caramelized banana slices, coated with neutral glaze.

## INDIVIDUAL EXOTIC ST-RÉMY®

Recipe for 20 small cakes 4.5 cm high with a diameter of 6 cm

#### 1. Crispy hazelnut milk chocolate base

Use the quantities for one full recipe. Spread the crispy base on a sheet of plastic to a thickness of about 5 mm, allow to set in the refrigerator and cut out discs with a 5 cm diameter cutter. Place in the freezer.

#### 2. Hazelnut dacquoise

Use the quantities for one full recipe. Using a piping bag with a 9 mm tip, make 40 discs with a diameter of 5 cm, sprinkle with the lightly toasted chopped hazelnuts. Cook in a convection oven at 175°C for 14 to 16 minutes.

#### 3. Fried bananas

Use the quantities for half the recipe. Set aside for assembly.

#### 4. St-Rémy® banana mousse

Use the quantities for ¾ of the recipe. Set aside for assembly.

#### 5. Milk chocolate glaze

Use the quantities for one full recipe.

## 6. Assembly and finishing

Proceed exactly as before using 4.5 cm high, 6 cm diameter rings.





















