

GASTRONOMIE



EXOTIC TARTLET



Original creation by Jean-Michel PERRUCHON, Meilleur Ouvrier de France Pâtissier Ecole Bellouet Conseil, Paris, France

Recipe for 16 tarts, ø 7 cm and 2 cm high

Composition: almond shortbread, pecan brownie sponge, St-Rémy® milky cream, St-Rémy® banana chantilly

1. ALMOND SHORTBREAD

270 g flour T55 150 g butter 6 g salt 110 g icing sugar 40 g almond powder 1 g vanilla powder 55 g whole eggs Total weight: 632 g

Mix flour, butter, salt, icing sugar, almond powder and vanilla powder. Add the eggs and knead gently. Stop kneading when the dough is smooth. Refrigerate at 5°C. Leave stand for 12 hours before use.

Roll out the dough to 3 mm thickness and place in 7 cm diameter Silikomart[®] circles. Put the tarts on a Silpain[®] tray and sheet. Let stand for about 30 minutes, then bake in a convection oven at 160°C for about 14 minutes. Set aside.

2. PECAN BROWNIE SPONGE

75 g butter 50 g couverture chocolate 65% 80 g caster sugar 100 g eggs 40 g flour T55 65 g chopped pecans Total weight: 410 g

In the mixer fitted with the paddle attachment, blend the butter



until smooth and homogeneous, without foaming, then add the chocolate, melted at 30°C, without stopping the mixer. With a Maryse, mix in the caster sugar and eggs, then the flour and finally the coarsely chopped pecans and roasted. Fill each pre-cooked tartlet base with approximately 25 g. Bake in a convection oven at 160°C for 8 minutes. Leave to cool after baking.

3. ST-RÉMY® MILKY CREAM

200 g whipping cream

100 g milk couverture chocolate 36%

14~g~gelatin mass (2~g~gelatin powder 200~blooms and 14~g~water)

20 g St-Rémy® Brandy 60%

Total weight: 334 g

In a saucepan, heat the whipping cream and pour over the chocolate and gelatin mass. Mix. Add the St-Rémy®. Blend and set aside.

4. ST-RÉMY® BANANA CHANTILLY

240 g banana puree

42 g gelatin mass (6 g gelatin powder 200 blooms and 36 g water)

70 g white chocolate

335 g whipping cream

30 g St-Rémy® Brandy 60%

Total weight: 717 g

The previous day, make the ganache: heat the banana puree, add the gelatine mass and white chocolate, mix then add the cold whipping cream and the St-Rémy®. Refrigerate overnight.

.../...



The next day, whisk the mixture. Use immediately.

5. ASSEMBLY AND FINISHING

Pour the cold St-Rémy® milky cream to the height of the cooked tartlets. Freeze. Spread a little St-Rémy® banana chantilly over the tartlets and smooth. Using a pastry bag fitted with a St Honoré tip, pipe a zig-zag of St-Rémy® banana chantilly. Decorate as desired.



















