

GASTRONOMIE



CROMESQUIS: PIG'S TROTTER AND GARDEN SNAIL WITH ST-RÉMY® BRANDY

THE CHEF

Original creation by Christian SEGUI, Meilleur Ouvrier de France Traiteur



Recipe for about 100 cromesquis (3.5 cm diameter)

1. PIG'S TROTTER MIXTURE

500 g boned, cooked pig's trotter

100 g garden snails

150 g shallots

250 g small chanterelles

5 g garlic

St-Rémy® brandy to taste

25 g truffles (optional)

25 g flat leaf parsley Thyme, bay leaves

15 g salt

2 g black pepper

50 g meat glaze

Cut the pig's trotter into small dice. Cut the snails in half or into three depending on their size. Sweat the shallots in the butter, add the chanterelles, snails, thyme and bay leaf and fry briskly. Add the pig's trotter and chopped garlic, deglaze with the St-Rémy® brandy. Then add the truffles and parsley. Correct the seasoning and place in half-spherical moulds. Cover in cling-film and refrigerate.

2. MAKING THE CROMESQUIS

Breadcrumb coating
Sufficient quantity of flour
12 eggs
Sufficient quantity of breadcrumbs
Salt and pepper to taste

Take two half spheres. Heat the flat sides, stick them together and refrigerate again. Coat with breadcrumbs, refrigerate thoroughly and repeat the operation. Fry at 180° C.

3. PARSLEY JUS

100 g water 200 g flat leaf parsley 2 cloves of garlic Salt, Espelette pepper to taste

Bring the water to the boil. Add the parsley with the stalks removed and the crushed garlic. Cook and then blend and filter through a very fine sieve. Season.

4. PRESENTATION

Arrange the hot cromesquis in a small earthenware or cast-iron dish, drizzle with the parsley jus.

