

GASTRONOMIE



CAPPUCCINO TART



THE CHEF

Original creation by Manuel et Alexis BOUILLET, Consultant Pastry Chefs, Twin's Creative Lab, Taïwan



Recipe for 2 tarts

1. SWEET DOUGH

247 g T55 flour

126 g butter

2,2 g salt

63 g icing sugar

63 g almond powder 53 g eggs

Total weight: 554,2 g

Sand the dry ingredients together. Add the eggs and mix until just combined. Roll out the pastry to a thickness of 2.5/3 mm between two sheets of greaseproof paper. Set aside in the freezer.

2. TROCADERO COFFEE SPONGE

27 g egg whites (1)

64 g sugar

68 g almond powder

0,5 g salt

18 g ground coffee

36 g egg yolks

82 g egg whites (2)

9 g liquid coffee extract

18 g cream 35%

15 g trimoline

35 g T55 flour

1,8 g baking powder

57 g butter

Total weight: 431,3 g

Whisk together the almond powder, salt and coffee powder, then fold in the egg whites (2) and egg yolks, and finally the coffee extract mixture, cream and trimoline. Mix well, then add

the sifted flour-baking powder mixture.

Melt the butter at 40/50°C and pour over the mixture. Whip the egg whites (1) until frothy with the sugar. Gently fold into the previous mixture.

Pour the mixture into a 15 cm circle.

Bake at 170°C for 15 minutes.

3. ST-RÉMY® COFFEE SOAKING SYRUP

67 g water

13 g sugar

53 g expresso coffee

11 g St-Rémy® brandy 60%

Total weight: 144 g

Bring the water and sugar to the boil. Add the cold coffee, then the St Rémy® brandy.

4. COFFEE CAPPUCCINO CREAM (CREME BRULEE STYLE)

360 g cream (35% fat)

13 g liquid coffee extract

86 g egg yolks

36 g sugar

2,4 g gelatin 200 blooms

Total weight: 497,4 g

Bring the cream to the boil, add the coffee extract and half the sugar. Mix the remaining sugar with the egg yolks and fold into the mixture. Cook at 85°C. Strain the cream over the gelatine and blend. Use at a temperature of 30°C.

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5. ST-RÉMY® COFFEE WHIPPED GANACHE

49 g cream (35% fat) (1) 13 g coffee beans 7 g glucose syrup 1,3 g gelatin 200 blooms 2 g liquid coffee extract 28 g white chocolate 80 g cream (35% fat) (2) 13 g St-Rémy® brandy 60%. Total weight: 193,3 g

Prepare an infusion: bring the cream (1) to the boil, then add the ground coffee. Leave to infuse for 20 minutes.

Strain the liquid, weigh and adjust to original weight.

Reheat the liquid with the glucose, gelatine and liquid coffee extract to $65/70^{\circ}\text{C}$.

Pour over the white chocolate. Blend, add the cold cream (2) and St-Rémy® brandy and leave to cool for 12 hours in the refrigerator at between 1 and 4°C.

6. MILK CHOCOLATE SPRAY

100 g milk chocolate 45% 100 g cocoa butter Total weight: 200 g

Mix the ingredients. Spray on at 40° C.

7. EGG GILDING

40 g egg yolks 10 g cream (35% fat) Total weight: 50 g

Mix the ingredients together and strain before use.

8. ASSEMBLY & FINISHING

250 g sweet dough 100 g Trocadero coffee sponge 50 g St-Rémy® coffee soaking syrup 225 g coffee cappuccino cream 200 + 50 g St-Rémy® coffee whipped ganache 100 g milk chocolate spray S.Q. neutral glaze (+ 10% water)

Step 1: Cut 2.5 cm wide strips and discs of sweet dough using a circle slightly smaller than that of the tart. Line 16 cm diameter discs. Bake at 155°C for 15 to 20 minutes. Apply the gilding and bake for a further 3/5 minutes.

Step 2: Apply a thin layer of coffee cappuccino cream to the base of the tart, then place the sponge disc upside down. Soak the biscuit in the St-Rémy® coffee syrup. Fill with the coffee cappuccino cream up to the edge of the tart. Leave to set in the fridge at 3°C.

Step 3: Whip the ganache. Poach 200 g per 15 cm circle. Use the air gun to form undulations and small spoons to create holes on the surface. Freeze.

Step 4: Heat the milk chocolate spray to 40°C. Spray a very thin layer onto the disc of ganache, then cover with hot neutral icing. Place the ganache disc on top of the tart.

Step 5: Decorate with the leftover coffee cappuccino cream and St-Rémy® coffee whipped ganache.

