

GASTRONOMIE



ST-RÉMY® BANANA BRIOCHE



THE CHEF

Original creation by Manuel et Alexis BOUILLET, Consultant Pastry Chefs, Twin's Creative Lab, Taïwan



Recipe for 15 pieces

1. VIENNESE FERMENTED DOUGH

328 g flour T65

6 g salt

33 g sugar

4 g dry yeast

49 g butter

90 g milk 90 g water

Knead all the ingredients together for 6/8 minutes on medium speed until the final temperature of the dough is 24° C. Form into a ball, place in a bowl and cover with cling film. Leave to ferment at room temperature for 1 hour, then overnight in the fridge at 3° C.

2. ST-RÉMY® BRIOCHE

121 g viennese fermented dough

162 g flour T55

243 g flour T65

7 g salt

g salt

10 g dry yeast 202 g butter

12 g milk

202 g eggs

202 g eggs 20 g honey

28 g St-Rémy® brandy 60%

81 g sugar

Knead all the ingredients together except the sugar for about

20 minutes, at medium speed, until the dough no longer sticks to the bowl. The dough should be around 21/22°C.

Add the sugar gradually and knead for about 15 minutes to reach 24°C. Place in a bowl covered with cling film and leave to ferment for about 1 hour at room temperature.

Make a flap and leave to ferment overnight in the fridge.

Shape into 23 g balls.

Grease the moulds.

Place 3 balls in each mould, i.e. approximately 70g of brioche dough per mould.

Rise in the humidity chamber for about 2 hours at 27°C and 75% humidity.

3. ST-RÉMY® CARAMEL CREAM

55 g sugar

55 g cream

24 g egg yolks

10 g cornstarch

10 g gelatin mass

27 g butter

1 g Fleur de sel

17 g St-Rémy® brandy 60%

Prepare a dry caramel: gradually dissolve the sugar, then deglaze with the cream brought to the boil beforehand. Mix the yolks with the cornstarch and make a pastry cream.

Add the gelatine. Leave to cool to 40°C before adding the butter and Fleur de sel. Blend. Add the St-Rémy®. Blend again. Place in the fridge for 3 to 4 hours before use.

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4. BANANA CONFIT

107 g banana puree 28 g passion fruit puree 7 g sugar 9 g NH pectin

Heat the purees to 40° C. Mix the sugar and pectin before pouring into the purees. Bring to the boil then leave to cool. Place in the fridge at 3° C until completely set (20 to 30 minutes).

5. MACARONADE FOR BRIOCHE

105 g almond powder 8 g flour T55 105 g icing sugar 13 g cornstarch 73 g egg whites 16 g grapeseed oil

Combine the powders together. Add the egg whites and then the grapeseed oil. Refrigerate until ready to use.

6. ASSEMBLY

 $3 \times 23 g = 69 g St-Rémy^{@}$ brioche 25 g macaronade 4 g sliced almonds Icing sugar in sufficient quantity $3 \times 5 = 15 g St-Rémy^{@}$ caramel cream $3 \times 5 = 15 g banana confit$

Pipe the macaronade on the brioches.

Cover with sliced almonds and sprinkle with icing sugar.

Bake at 170°C for around 20 minutes.

Leave to cool.

Make 3 holes under each brioche and top with St-Rémy® creamy caramel and banana confit (50/50).