

GASTRONOMIE

COINTREAU

CHOCOLATE ORANGE KOUGELHOPF



Original creation by
Manuel BOUILLET,
Twin's Creative Lab,
Taiwan



1. VIENNESE FERMENTED DOUGH

109 g T65 flour

2 g sea salt

11 g sugar

1,3 g dry frozen yeast (Gold)

16 g butter

30 g milk

30 g water

Total weight: 200 g

Mix everything together for 3 minutes in 1^{st} speed then 8 minutes in 2^{nd} speed. The dough should end around $23/24^{\circ}C$. Let ferment 1 hour outside then 12 hours at $3^{\circ}C$.

2. CHOCOLATE COINTREAU® KOUGELHOPF

For 3 big + 6 small

233 g T55 flour

155 g T65 flour

7,8 g sea salt

9,7 g dry frozen yeast (Gold)

194 g butter

117 g Viennese fermented dough

146 g whole eggs

72 g whole milk (1)

15,5 g honey

9,7 g vanilla bean paste

62 g sugar

97 g whole milk (2)

97 g dark chocolate 70%

23 g Cointreau® 60%

155 g candied orange

155 g chopped dark chocolate 70%

Total weight: 1548 g

Make a ganache with milk (2) and dark chocolate. Chill in the fridge.

Start mixing together the flours, dry yeast, sea salt, cubed buter, fermented dough, whole eggs, milk (1), vanilla paste and honey for about 20 minutes (until the dough isn't sticking to the sides of the bowl). The dough should be around 22°C.

Add progressively the sugar and mix until you reach 24°C.

Add the cold ganache and mix until 24°C again.

Finish with the soaked candied oranges in Cointreau® and chopped chocolate.

Let ferment for 45 minutes then give a fold and freeze 30/40 minutes. Shape as a round and let the dough rest 30 minutes in the refrigerator.

With a rolling pin, pierce the center then make it wider and drop in the mold. Chill overnight and proof next day.

Proof for 2:15 hours at 27°C, 75% humidity and bake.

Weight:

300 g per big mold / 100 g per small mold $\underline{\text{Baking}}:155^{\circ}\text{C}$

for 25 + 2 minutes, fan 3% for small size

for 28 + 4 minutes for big one

... / ...





















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3. CYTRUS SYRUP

472 g water 157 g sugar 55 g almond flour 118 g mandarin juice 39 g passion fruit juice 58 g Cointreau® 60% Total weight: 900 g

Boil the water, sugar and almond flour. Allow to cool down at 40°C then add juices and Cointreau®.

4. ASSEMBLY

300~g chocolate orange Kougelhopf dough per individual piece / 100~g per mini

S.Q. softened butter

S.Q. sliced almonds

S.Q. mandarin syrup

S.Q. clarified butter

S.Q. sugar

S.Q. candied oranges

1 pièce en chocolat 4 x 4 cm

Apply softened butter in the Kougelhopf molds then add some almonds.

Drop the dough at the bottom and let proof 2.5 hours at 27°C, 75% humidity.

Bake at 155°C for 25 + 2 minutes, fan 3,0% (for small sizes), then 28 + 4 minutes for big one.

Let chill and soak in the syrup.

Apply some clarified butter and sprinkle with sugar.

Decorate.