

GASTRONOMIE

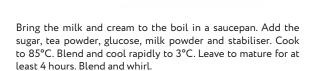


MONT BLANC VERRINE



THE CHEF

Original creation by Emmanuel RYON Meilleur Ouvrier de France Glacier, World Pastry Champion, 'Une glace à Paris', France



1. PORT CHARLOTTE® CHESTNUT COULIS

250 g chestnut cream 50 g Port Charlotte® whisky 50% Total weight: 300 g

In a bowl, mix the ingredients together. Set aside.

2. PORT CHARLOTTE® CHESTNUT ICE CREAM

500 g whole milk 160 g 35% fat cream 75 g caster sugar 50 g atomised glucose 50 g 0% fat milk powder 3 g stabiliser 50 g egg yolks 200 g chestnut paste 150 g chestnut cream 15 g Port Charlotte® whisky 50%

Total weight: 1 253 g

Bring the milk and cream to the boil in a saucepan. Add the whitened mixture of egg yolks, sugar, glucose, stabiliser and milk powder. Cook to 83°C. Stir in the chestnut paste and cream, then the Port Charlotte®. Mix well. Cool rapidly to 4°C. Leave to mature for at least 4 hours. Blend and whirl.

3. MATCHA ICE CREAM

1 036 g whole milk 20 g Matcha green tea powder 330 g 35% fat whipping cream 240 g caster sugar 100 g 0% fat milk powder 100 g atomised glucose 9 g stabiliser Total weight: 1 835 g

4. VANILLA MERINGUE

188 g egg whites 40 g caster sugar (1) 20 g caster sugar (2) 130 g caster sugar (3) 188 g icing sugar 6 g vanilla powder 2 g cream of tartar Total weight: 574 g

Beat the egg whites with the sugar (1) and cream of tartar in a mixer. Gradually add the sugar (2). Finally, fold the egg whites into the sugar (3). Using a spatula, fold in the sifted icing sugar and vanilla powder. Shape into meringuettes. Bake in a fanassisted oven at 80°C for 90 minutes.

5. MONT BLANC PREPARATION

300 g chestnut paste 50 g chestnut cream 70 g milk 45 g butter 10 g Port Charlotte® whisky 50% Total weight: 475 g

Heat the milk and butter in a saucepan. Mix the chestnut paste and the chestnut cream in a mixer fitted with the paddle attachment. Stir in the warm milk and butter mixture. Add the Port Charlotte[®]. Set aside.

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6. ITALIAN MERINGUE

200 g caster sugar 20 g glucose 60 g water 100 g egg whites Total weight: 380 g

Cook the sugar, glucose and water in a pan at 118°C. Pour the cooked sugar over the frothy egg whites. Whisk until completely cooled.

7. ASSEMBLY & FINISHING

In a verrine, poach the Port Charlotte® chestnut ice cream halfway up, followed by the Port Charlotte® chestnut coulis. Place the meringuettes on top. Poach the Matcha ice cream and freeze.

Poach the Mont Blanc cream on a sheet of baking paper using a Mont Blanc tip. Freeze.

Using a cookie cutter, cut out the diameter of the verrine.

Place the disc on the verrine.

Finish the decoration with the Italian meringue, the meringuettes and a few marrons glacés.

