

GASTRONOMIE



BUTTERFLIES & ROYAL SIDECAR



THE CHEF

Original creation by Patrick AUBRION, Pastry Chef and chocolatier

BUTTERFLIES Recipe for 10 pieces

1. GINGER YUZU CREAM

(ball to the center)

122 g fresh cream (35% fat)

 $25\,\mathrm{g}$ fresh yuzu pulp

3 g Cointreau® 60%

3 g grated fresh ginger

3 g lime zest

31 g egg yolks

31 g sugar

1,5 gelatin leaf, silver

Make a custard:

- Heat the fresh cream, yuzu pulp, grated fresh ginger and lime
- At the same time, whisk the egg yolks with the sugar until the mixture forms a white ribbon.
- Soak the gelatin leaves in cold water.
- When the first preparation boils, pour on the ribbon, while mixing.
- Return the mixture to the saucepan and cook until mixture thickens and covers the spatula (85°C).

Strain in a bowl, incorporate the soaked gelatine and Cointreau[®]. Mix and fill silicone moulds in the shape of 2 cm diameter ball.

Set aside in the freezer.

2. ECUADOR DARK CHOCOLATE MOUSSE

270 g fresh cream (35% fat)

70 g egg yolks

60 g whole eggs

72 g sugar

22 g water

8 g Cointreau® 60%

100 g Ecuador origin dark chocolate couverture

2 gelatin leaves, silver



Make a pastry bomb dough:

- Cook the sugar with water to 118°C.
- · Drizzle over egg yolks and whole eggs, already whisked.
- · Beat on medium speed until the mixture whitens.

Whip fresh cream until you have a smooth texture, then set aside in the fridge.

Soak the gelatin leaves in cold water.

Melt the chocolate couverture to 45°C.

Make the mousse:

- Pour some of the whipped cream over the hot chocolate to realize a ganache.
- Add the Cointreau® and mix well.
- · Incorporate the remaining whipped cream and mix.
- · Mix the melted gelatin with the pastry bomb dough.
- Incorporate this pastry bomb dough to the whipped creamchocolate mixture.

Build the spheres:

Fill silicone molds in the shape of 4 cm diameter ball with chocolate mousse, then insert the ginger yuzu cream ball. Set aside in the freezer.

3. DARK CHOCOLATE SPRAY

50 g cocoa butter

150 g dark chocolate 60%

Melt at 45°C cocoa butter and chocolate, mix well.

4. BLACK OLIVES SHORTBREAD

125 g butter

125 g flour (T45)

Q.S. Szechuan pepper

Q.S. Fleur de sel

90 g black olives

Mix soft butter with flour and olives drained and chopped. Season with salt and pepper.

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Flatten the dough and cover with clingfilm.

Reserve for 6 hours in fridge.

Spread the dough using \bar{a} dough sheeter, to a thickness of 2 mm.

Cut in 3 cm diameter discs. Put on a Silpat $^{\scriptsize \textcircled{\scriptsize 0}}$ placed on a baking tray.

Cover the discs with a second Silpat® and a weight.

Bake to 180°C for about 12 minutes.

Leave to cool and keep at room temperature.

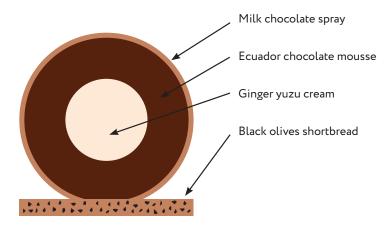
5. ASSEMBLY

Unmold and place the chocolate mousse-ginger yuzu cream balls on a cooking rack.

Place them in the freezer for 10 minutes before spraying immediately a thin coating of chocolate spray to obtain an abstract effect.

Place the balls on baked shortbread.

Decorate with chocolate butterflies, cut using water-jet.



ROYAL SIDECAR

Recipe for 10 glasses

35 cl Rémy Martin® 1738 Cognac 30 cl Cointreau® 40%

15 cl lemon juice

In a shaker with ice, pour Rémy Martin® 1738 Cognac, Cointreau® and lemon juice. Shake, strain, then pour in a Champagne glass.

















