

GASTRONOMIE



# ST-RÉMY® PRALINE



Original creation by Nicolas PIEROT, International Consultant Pastry Chef



#### COMPOSITION OF A PRALINE:

8 g St-Rémy® syrup 5 g hazelnut Gianduja 4 g dark molding (3 cm ø) 1 g cocoa dough spray

## 1. ST-RÉMY® SYRUP

500 g saccharose 166 g water 16 g glucose 100 g St-Rémy® brandy 60% Total weight: 782 g

Boil sugar and water.

Add glucose.

Continue to cooking the syrup until 106/107°C.

Then let cool until approximately 50°C before mixing syrup and St-Rémy® brandy.

When the temperature rises 29-30°C, pour the syrup in shells. Allow to harden for 24 hours before continuing with the pouring of Gianduja.



### 2. HAZELNUT GIANDUJA

140 g hazelnut dough 33 g icing sugar 33 g inulin 47 g milk chocolate 40% 47 g cocoa butter 1 g Fleur de sel Total weight: 301 g

Melt milk chocolate and cocoa butter to  $40-45^{\circ}$ C. With a robot-cut, mix the hazelnut dough, the icing sugar and the previous mixture. Mix until smooth dough. Let cool to 24°C. Store to 17°C.

## 3. COCOA DOUGH SPRAY

100 g cocoa dough 100 g cocoa butter Total weight: 200 g

Melt cocoa butter and cocoa dough to 50-55°C. Mix together and strain. Let cool to 28-29°C before spraying.

## **CHEF'S ADVICE**

For all these recipes, it's important to respect scrupulously the boiling point:

Too small cooking = no crystal formation

Too strong cooking = too thick sugar crust

The higher the alcohol degree, the larger the crystals grow.

The sugar doesn't dissolve in acohol.

To avoid an undesired crystals formation, you should never mix the syrup when the temperature is over 102°C.

Warning: to prevent an early crystallization, you shoud never mix in an unsaturated syrup.



















